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Up-to-date with local history



The recent book launch arranged by the Potters Bar Historical Society has given much deserved publicity to the facilities offered by the Society, which was founded in 1976.

'Admiral Byng and Wrotham Park', the latest publication from Society member Arnold Davey traces the trial and execution of the Hon Admiral John Byng. Admiral Byng was the man responsible for the building of Wrotham Park and is of course a direct ancestor of Robert Byng, current owner of the mansion and many acres in and around Potters Bar.

In 1756, at the start of the Seven Years War in France, Byng was sent too late and with a miserably inadequate force to try to prevent the French invading Minorca, then held by Britain. By the time he got there, the French had successfully occupied the island and in the indecisive naval battle

that followed, the British force took a hammering and had to withdraw.

The government of the day, under fire for sending too small a force too late, decided to make it appear to be all Byng's fault and trumped up charges against him at a grossly unfair court martial, which resulted in him being executed.

The booklet is available from the Potters Bar Museum and several local shops.

The Society has published over 30 booklets, papers and journals covering a number of topics, ranging from WW1 Zeppelin and Roman Potters Bar to transport and other local histories. Details are available from the Museum and are listed on the www.pbhistory.co.uk website.

The primary tasks of the Society are to record the changing scene in the local area, to carry out

research into how the area used to be, and to encourage the preservation of buildings, monuments, documents and other evidence. The Society organises visits, excavations and publications and holds up to eight monthly meetings a year.

One of the major functions of the Society is the organisation of Potters Bar Museum which opened in 1990.

The Museum, housed in Wyllyotts Centre, contains pottery and artefacts which were found during the construction of the Centre and these allow visitors to relive some of the history of the place.

The Museum also displays many items from other sites in and around Potters Bar and from the motte-and-bailey castle at South Mimms which for many years lay unrecognised and forgotten.

A team is available to visit schools to give talks and special arrangements can be made for schools and local clubs to come to the museum. Every six months there is a special exhibition at which local societies are invited to display their histories.

The Museum is open on Tuesday and Wednesday afternoons 2.30pm to 4.30pm and on Saturdays from 11.00am to 1.00pm and the volunteers will be happy to help anyone with particular enquiries. Assistance is also available on **01707 645005** at the times shown above.

Community NEWS



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Sizes and prices of adverts

- 43.75mm w x 50mm h = £25
- 92.5mm w x 50mm h = £50
- 92.5mm w x 100mm h = £75
- 92.5mm w x 130mm h = £90

Editor says

What can I say? The England football team let us down; the summer weather let us down. So here is our winter issue which I believe will not let you down. Full of fun things to do over the festive period.

Remember if you need to advertise for volunteers then contact me on **cnews@fsmail.net**.

All the *Community News* team wish our readers a Merry Christmas and a Happy New Year.

Thank you

Debbie Buckland

How to send articles

Email to **cnews@fsmail.net**. Please keep articles to around 300 words or less, bearing in mind that past events are not likely to be of general interest. Please use plain text word or email, but plainly handwritten or typed articles are also acceptable if you do not have access to a computer. Photos, logos, etc: send as a tif, bmp or jpg file or copy to a CD. Paper photos or logos can also be sent.

How to supply adverts

Ring to book a space, remembering there is usually a waiting list. Artwork must be supplied as black and white pdfs or jpgs only, created at the specified size according to your booking. Any corrections to existing adverts will be subject to a £5 fee. Advertisers are responsible for advising us of any alterations of adverts in each issue.

Deadline dates

Advertising

- 18 January for March issue
- 18 May for July issue
- 18 September for November issue

Articles

- 1 February for March issue
- 1 June for July issue
- 1 October for November issue

Delivery

If you do not have a copy, or receive more than one, or wish to volunteer as a deliverer, please contact Peter Silverthorne or Peter Weaver.

Roads needing deliverers

Potters Bar

Beechwood Avenue and Norman Court

www.pottersbar.org – your local website

The *Community News* will be added to the pottersbar.org website after publication, including the telephone number of contacts. Please tell us if you do not wish this to happen.

Potters Bar Community News welcomes contributions for publication from individuals and community groups. Where there is a linked commercial, political or individual interest in items for publication, the managing committee reserves all editorial rights. *Potters Bar Community News* does not accept responsibility for the accuracy of information contained in published items or views expressed in those items.



Charity No. 1081156

Over the last three years many of you will have followed the work of Noah's Ark Children's Hospice, particularly the development of its community outreach services. In excess of 1,800 sessions of care have now been delivered to over 90 families, through the work of its Specialist Play workers and the Family Support Volunteer Programme. These services help to bring about several long-term benefits for the families involved, including building the confidence and self-esteem of life-limited children, their siblings, as well as parents and carers. Through their work, the play specialists are able to relieve stress in the home, which in turn creates a happier and calmer environment for families.

Noah's Ark is committed to delivering more services to more families in the local area. In February it launched a Sibling Support Programme to provide children of all ages with the opportunity to become involved in a group that is focused around them. "So far we have held seven 'getting to know you' sessions which have given the kids a chance to make new friends in a relaxed and stress-free environment" said Laura Harrison, Family & Sibling Worker. Judging by the following remark by a sibling it seems the sessions are already a big hit: "I absolutely loved having this session (cartoon workshop) – it gave me a chance to explore my creativity in ways I haven't thought of before". The Sibling groups will meet on a regular basis and outings, such as an Under 17 Driving Experience, Halloween Party and a trip to the cinema, are planned for the winter.

Noah's Ark would not be able to provide any of these services without the support of local businesses, organisations, community groups, schools and individuals who regularly donate money through fundraising events. The Fundraising Team is always keen to hear from groups who want to get involved and has plenty of ideas and suggestions to help get you started. The team is often asked to give talks about the hospice services. Such is the demand for talks that the charity has developed an in-house Ambassador Training programme and is delighted to announce that five volunteers successfully completed the course and are now undertaking speaking engagements on behalf of the charity.

If you would like to know more about the difference Noah's Ark is making in the community, how to get involved, or would like to arrange for a Noah's Ark Ambassador to talk to your school, business, organisation or community group, please contact Amy Walker, Events & Community Fundraiser at The Appeals Office on **020 8449 8877** or email awalker@noahsarkhospice.org.uk or visit the website at www.noahsarkhospice.org.uk.

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Interested in volunteering?

Ever thought of giving up some of your time to help others in the community?

If you are a local organisation or charity and are looking for volunteers, why not email me at cnews@fsmail.net (subject volunteers)?

Debbie Buckland

SOUTHRIDGE require volunteers for the following:

-  > The café > Home Visitors
- > Dog Walkers > Cat Groomers

If you can help with any of the above, please contact the centre on 0300 123 0704 or visit them any day between 11.00am to 4.15pm except Wednesday.

Ever wondered who you can contact to report on local news? Obviously myself, Debbie Buckland at the *Community News*, but if there is other news that would be better reported on in a weekly publication then Josh Darlington, who is a reporter for the *Barnet and Potters Bar Times* would like to hear from you. I met up with Josh and we both agreed that there is not much coverage of Potters Bar in the *Barnet and Potters Bar Times*. He would be happy to hear from local people who may have an article or local news that would be of interest to their readers.



Mobile: **07795 305271** | Work: **020 8359 5903**
 Email: jdarlington@london.newsquest.co.uk

Potters Bar Carnival 2010

Potters Bar Carnival had their open evening on 30th June and presented £5,850 to local organisations. Since 2004 the committee has given out a total of £40,500 to local organisations. Those that received donations were:-

- Morven Guide Headquarters £4,000 – to help refurbish the headquarters to bring it back to a pristine condition for use by Guides and Scouts in the area. £500 to the ATC without whose help the Carnival could not function on the day. This money will be used to purchase updates to its IT facility in the refurbished ATC Headquarters in Mutton Lane.
- £1,350 was divided between Hertstoppers Cheerleaders; Friends of Southridge RSPCA; Diabetes UK in memory of Committee member Martin Heywood, Barnet Hospital Radio; Jamboree Scouts, towards their trip to the 2011 World Jamboree in Sweden; Potters Bar Theatre Company; Dacorum Majorettes; Hertfordshire Scouts towards the purchase of Tolmers and Phasels Scout Camp sites, and 5th Potters Bar Scouts.

Organisations who would like to put themselves forward for a grant from the 2011 Carnival should contact Peter or Sue on **01707 850147** for details on how to apply. Applications must be with the Carnival Committee by 31st January 2011.

For your diaries and 2011 Calendars next year's Carnival will be on Sunday 12th June.



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The Potters Bar Town Twinning Association

This has been in existence for over 40 years to establish cultural, educational, sporting and friendship links with our twin towns, Franconville, north of Paris, and Viernheim, near Mannheim in Germany. We also hold regular social events for our Potters Bar members, the next one of which is our Christmas warm up to be held in the afternoon of the 12th December and new members would be made very welcome. Annual single membership is only £6.00. Our next AGM will be held on Monday 7th March 2011 in the Wyllyotts Centre at 7.30pm and will be chaired by the Mayor of Hertsmere.

This year from 19th to 21st November, the annual tripartite conference will be based in Potters Bar, where delegates from the three twinned towns plan for the forthcoming year, as well as discussing the previous year's events. Recently a group of members from Potters Bar had great fun running a stall in Viernheim, as part of their Innenstadtfest, selling typical British beverages.

For further information about the Association email lynda.armsby@gmail.com or phone Honey Lockwood on **01707 659970**.

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RSPCA – Potters Bar, Hatfield and Barnet Branch

Welcome to your local RSPCA branch. If you are not already aware of our work with the local community, we as a branch regularly fundraise and provide financial veterinary assistance to anyone receiving benefits, on a low income and the elderly. We also work closely with RSPCA Southridge Rehoming Centre to help support and fund the fantastic work they do.

We are currently running a Snip & Chip scheme to promote and provide subsidised help to neuter and microchip your pets at a cost of £25 for dogs and £15 for cats and rabbits. If you are eligible for the scheme (please see criteria above), please contact Joanne on **07872 902710** for further information, or visit our website rspca-pottersbarhatfieldandbarnet.org.uk where you will find useful information about the RSPCA and the branch. Contact details can also be found in the 'Useful Numbers' section on the back page of this issue.

We hold regular fundraising events to support the local community each year, with our main event held at Tesco's in Potters Bar. Our next fundraising event will be at The Spires, Barnet on 20th November. You can also speak to our

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representatives on the day about the services we provide and any general information you need.

If you are attending the Mount Grace Christmas Fayre in Potters Bar on 20th November, we will also have a stand there.

If you have some spare time and would like to get involved with the RSPCA as a volunteer please contact Sheila or John on **01707 875589** or email us through the volunteers section on our website. If you are interested in working hands-on with the animals please contact Southridge on **0300 123 0704**. Please note, you will need to be 18 years of age to volunteer at Southridge and 16 years of age to fundraise for the branch.

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Youth in the Community

Do you have a club that you go to and would like to send me an article about the things you do there? Articles can be handed into the reception desk at Wyllyotts or email to cnews@fsmail.net subject "youth in the community".

Are you a club? Then send an article that would interest others to join you
Debbie Buckland

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www.hertsexextendedschools.org.uk/pottersbar
 Christine James 01707 655512
 Baronie Shepherd 07525 675232

Young musicians

Did you know that there is a thriving music school in Potters Bar at Owens school on a Saturday? We are holding a larger bands and orchestras concert on 11th December. The Music School takes any children who want to learn an instrument or sing, from 5 to 18 years old. Piano, guitar, woodwind, brass and stringed instruments are taught to a very high standard. It's a friendly, family atmosphere. I am the local violin teacher and run a beginners orchestra for infants upward, the youngest being only 5 years old, and an intermediate string group for the more experienced players including both formers of grade 8 standard. We are particularly looking for children who learn the cello or double bass to join. The main orchestra has about 80 members with all the instruments, including percussion, and we perform all kinds of famous film music. There is also a wonderful wind band, brass groups, a guitar group and a choir. Tickets can be obtained at the door of the Edward Guinness Hall at Dame Alice Owens School.

Pam Moutoussi
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World War II Remnants School trip

As a young boy growing up in Potters Bar, I was aware that there were historical remnants from the World War II era, hidden in the undergrowth amongst the landscaped surroundings of Potters Bar Golf Club. Many years later and in my role as a primary school teacher at Wroxham School, it seemed a perfect opportunity to share this information and take the class on a visit to the golf course. The text below is a collection of excerpts from the children's writing, which recounted the class trip.

Monday morning on the 20th September 2010, I woke up really excited as my Year 4 class were going to visit the Potters Bar Golf Club. We were going there because it was linked to our class topic, which is World War II. No, they didn't play golf in World War II! The Golf Club has two Pillboxes on the course. Pillboxes are small concrete forts that were built between 1939 and 1940 to help protect Britain from a possible Nazi Invasion.

The coach left the school at 9.00am and a few minutes later we arrived at the Golf Club. We were very excited because we were the first class to visit the Pillbox and were ferried from the car park to the Pillbox in golf buggies! The golf buggies were great; it was a fast and bumpy ride and sometime later we arrived at the Pillbox. We waited until the rest of the class arrived and then sketched the structure and surroundings. Next we had to investigate the shape of the Pillbox and we found out that



it is an irregular hexagonal prism. This is because it has six sides which have different lengths and angles.

After a while, when everybody had finished, we were kindly driven back to the Club House in the golf buggies. When we got there we had juice and biscuits and talked to Mr Summers and the people who work at the Golf Club. One of them used to be an Army Captain and showed us pictures of him in his uniform. Finally we said thank you to Mr Summers and travelled back to school on the coach. I really enjoyed the trip to see the Pillbox.

Year 4 and Wroxham School would like to thank Mr Summers and the staff at Potters Bar Golf Club for sponsoring the visit, closing part of the course and providing the incredibly exciting transport to and from the Pillbox! Thanks also to John Hellis from 'The Pillbox Study Group' for taking the time to answer an array of pupils' questions relating to these historical defence structures.

Can you help? Did you live in the Potters Bar or the surrounding area during World War II? If so, we would love to hear from you should you have any local stories or artefacts that you would be happy to share. If you are interested please contact Mr Davy preferably by email or alternatively by phone on SDavy@wroxham.herts.sch.uk or 01707 643576.

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Local parks information

Raising the Flag

Hertsmere Borough Council has been successful in retaining all four green flag awards and the one green pennant award. As part of the national flag raising ceremony where all flags were raised simultaneously across the Country, Deputy Mayor Peter Knell raised the flags in Oakmere Park and Parkfield in the presence of ward councillors, officers, the local constabulary and the Friends of the Park group.

Bed Time

A big thank you to Stormont Preparatory School who planted the summer bedding in Oakmere Park for the sixth year running. The pupils planted 760 Asters, Marigolds and Busy Lizzies.

Look out for the raised planters in Darkes Lane this winter/spring which will be edged with 4000 purple crocus kindly donated by Potters Bar Rotary Club as part of their national 'Focus on the Crocus' scheme helping to eradicate polio.

Events

Boot Camp, run in partnership with the Furzelefield Leisure Centre, at Oakmere Park proved to be very successful and received lots of positive feedback. As a result, the event will go borough-wide from next year.

Once again, local community groups, Children's Centres, Potters Bar Under 5s group, the local constabulary and Hertfordshire Fire Service joined forces with the council to ensure that a variety of events for all took place in the local parks.

If you are interested in arranging an event please contact Shaz Setoudeh, Events and Projects Officer on **020 8207 7568** and details of forthcoming events can be found on the council's website www.hertsmere.gov.uk.



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Oakmere Park improvements by The Friends of Potters Bar Parks

The Friends group is currently contributing towards two improvements in Oakmere Park. Additional coir rolls are being installed around the top lake to prevent erosion and although the majority of the funding is coming from the remainder of the lake capital works, the Friends are funding the difference to ensure that the scheme can be completed.

Their second project, for which they are currently raising extra funds involves planting a mixture of bulbs around the car park to provide all year round colour. A new bin will also be installed as part of this project.

New tree planting

More new tree planting will be taking place over the winter period ready for next year's growing season. A selection of standard trees will be planted as replacements for failed or removed trees as well as new additions to the park's tree stock.

Bag It and Bin It

The Dog Control Orders are now in force and irresponsible dog owners can be fined up to £75 if they don't clear up after their dog. Hertsmere is supporting Keep Britain Tidy's 'Bag It and Bin It' campaign and remind park users that any bin can be used. Joint patrols are also scheduled. We hope that these measures improve the parks for everyone.

If you are interested in your local park and would like more information or you would like to be involved and join the Friends of Potters Bar Parks then please contact Aaron Niblett, Area Parks Officer on **020 8207 7519**.



Exciting new therapy at Potters Bar Community Hospital

The Therapy team is in the process of setting up Animal Assisted Therapy in order to improve and enhance Physiotherapy and Occupational Therapy sessions. The hospital's Friends kindly provided funding for one of our Physiotherapists and one of our Occupational Therapists to attend an 8 day course on Animal Assisted Therapy.

This therapy is goal-directed and the goals are agreed at the start of the treatment programme by the patient and the therapists. It involves working with an animal, a dog.

Animal Assisted Therapy is already being used successfully by Chase Farm Hospital's Neurological Therapy Service (Enfield). It has been shown to improve patient's therapy outcomes in a wide variety of ways. Patients who were only able to stand for a very short amount of time were able to stand for longer when stroking and grooming the dog and this then enabled them to progress to walking again. It has also been shown to improve patient's motivation towards their treatment.

The Therapy team is currently working on a business plan for the hospital managers to approve, and also an infection control policy to address any issues occurring with a dog visiting the hospital once a week.

We plan to measure the impact of the therapy on those patients who are suitable and want to take part in the programme.



Potters Bar Community Hospital is looking for a handler with a suitable dog that is registered with the charity Pets as Therapy (PAT). This charity assesses the dog's temperament and ensures that the dog is fully up to date with its vaccinations. If anyone would like

further information on volunteering with their time and their dog please contact the therapy department on **01707 621155**.

Authors: Bernice Symons, Jan Lisney-Smith and Katy Russell

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Email **paul@pgauk.co.uk**

Caring for Carers award 2010

Highview Medical Centre has been awarded the RCGP Dr Anna Wilson Caring for Carers Award 2010 for England, and is the overall joint winner for the UK. This is the first year that the Caring for Carers Award has been presented and is a joint initiative by the Royal College of General Practitioners and The Princess Royal Trust for Carers, to encourage the provision of high quality primary care services to unpaid carers.

The Chairman of the Caring for Carers Adjudication Panel – Dr John Dracass MBE FRCP said of Highview Medical Centre: *“The number and quality of the applications for the award was such that the adjudication process proved extremely competitive and you and your team are to be congratulated on your success. The adjudication panel was particularly impressed with your carers protocol, your carers identification procedures and the evidence of your genuine partnership with carers and the services you provided for them.”*

Highview and a number of other local practices were nominated for this award by a patient representative from the Patient Participation Group of the local commissioning group (Hertsmere Commissioning). Highview together with the other practices in the group have been working with Carers in Hertfordshire and other support networks, to develop services and support for carers in the community.

The practice seeks to work in partnership with carers and supports them to manage their own health needs. We are delighted to have won these awards which recognise the work that the whole team has done over the last 6 years. The underlying principle of our work at the practice is to help other people, and we feel that this award recognises the care and commitment we give to all patients, and particularly those who care and support others.

Boxing terms

In this issue, we feature the noble art from which there are a number of phrases now in common use.

Below the belt: in boxing parlance a punch hitting below the line of the hips and now, more generally, acting unscrupulously.

Touching gloves: gloves showing tenderness/boxing's equivalent of shaking hands.

Count: a member of the Nobility, or really the tolling of seconds by the referee following a knockdown.

Out for the count: on the town with nobility/tolling reaches 10 before recovery.

Cross: not really annoyed but term describing a power punch with dominant hand.

Guard: maybe a befeater but in this context raising of the hands to protect the face.

Jaw: talk a lot/ability or otherwise to absorb a punch.

Glass jaw: talk a lot whilst drinking perhaps, or a boxer likely to be knocked out.

Go the distance: complete the number of scheduled rounds and more generally reach a target.

Haymaker: fodder manufacturer or wild swinging punch.

Knockout: amazing! or boxer unable to rise unaided before the count to 10.

Technical knockout: amazing on computer perhaps but, in this context, the referee stopping a fight declaring a boxer unable to continue.

Lead with one's chin: leaving the chin unprotected which has come to mean acting recklessly.

Matchmaker: dating agency/boxing promoter.

On the ropes: backed onto the ropes on verge of defeat – now generally accepted as doing badly and likely to fail.

Peek-a-boo: game to play with a baby perhaps/hands held prominently in front of the face.

Pull one's punches: boxer using less force than he is capable of and generally not using all the power or authority at one's disposal.

Saved by the bell: bell signalling the end of the round during the referee's count, now in general use as indicating a narrow escape.

Throw in the towel: literally depositing the boxer's towel in the ring to accept defeat – to give up.

Mouse: Computer aid/rodent/swelling over eye.

WBA: West Bromwich Albion/World Boxing Association.

Weaving: evading punches by twisting and turning/make cloth.

Strawweight: very light/up to 105lbs.

Heavyweight: very heavy/over 200lbs.



ENERGISE

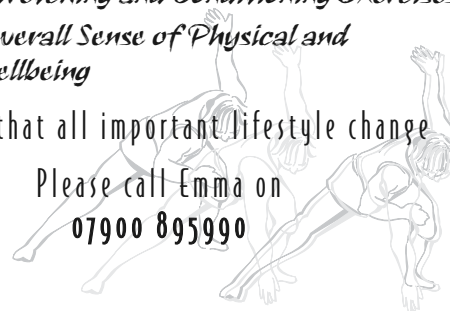
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Two Potters Bar born and bred young footballers have made the headlines in recent weeks

Firstly 24 year old Scott Sutter, who went to school at Pope Paul and Chancellors, played for Young Boys of Berne in their Champions League matches against Tottenham Hotspur.

Secondly, Henri Lansbury (19) who went to school at Cranborne and Chancellors scored Arsenal's first goal in their League Cup tie with Tottenham Hotspur.

Coincidentally, both Scott and Henri also attended St John's Playgroup in Baker Street as 3 year olds. Added to this, Paul Griffiths, now Youth development Coach at Spurs and who was featured in an earlier *Community News* article, also spent his early days at St John's. Perhaps unsurprisingly, the then Playgroup Leaders did not possess any formal FA Coaching qualifications but they are claiming credit for their initial grounding! In any event, they are delighted to see the progress being made by their former pupils.

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Barracuda Swimming Club

Since the last *Community News* newsletter Barracuda Swimming Club has gained some new members. They range from a mother and daughter with skin problems to a man who is blind. We are happy to help all who wish to join us. If you feel you would benefit from a supporting environment to overcome your reservations about swimming, or you would like some exercise, please come along.

We do not push you to do things you do not like but guide you to learn to help yourself. We do not look for instant success but love to celebrate achievements with you.

Do not be discouraged because you have a fear of water or have never learnt to swim. We have handled all sorts of concerns and issues.

Several years ago we helped a swimmer who was chair-bound. He had very little movement in his arms and legs and breathing difficulties. Gradually over several years he developed his skills and confidence. He learnt to float and swim. Eventually he became a member of our team and swam in competitive galas. He loved his swimming. It gave him the opportunity to have much more independence than he was used to and it helped greatly with his confidence. That benefited him in other things he did.

We do rely on helpers as we work on a one-to-one basis with those first learning to swim with us. Again everyone is welcome. You do not need to be a good swimmer, just happy to help. We give training in our sessions. The methods we use are easy to learn and apply. Good swimmers can help with those who want to swim longer distances but need accompanying, or simply like the company.

We are a very friendly club. We hope those reading this article will spot us at Furzeffield Centre, Potters Bar on a Sunday morning. Our exclusive use of the pool starts at 11.30am for one hour. We are happy for visitors to watch what we do and we can explain things to anyone. No need to make an appointment, simply turn up and let us know you are there. We have a registration table in the ground floor viewing area by the pool.

The club is run on an entirely voluntary basis. We are always happy to welcome new swimmers and helpers as members.

If you would like to join the club either as a swimmer or volunteer please contact David Linnell on **01707 664400** (day) or David Miller **01707 659058**. Either will be very pleased to explain more about the club.

Dolphin Swimming Club

At the recent Dolphin Swimming Club Annual General Meeting eleven children received top club awards presented by the Group Scout Leader, Derek Smith. Another young swimmer was awarded the Joy Bowyer Cup for particular effort and perseverance during the year.

The aim of the club (now in its 41st year) has always been to teach and encourage swimming amongst young people. The staff are all volunteers, and membership of the club is drawn exclusively from the local Guide and Scout movements.

The team are constantly on the lookout for willing helpers on poolside. It would involve just 1 hour weekly in term-time only. Experience, though of course helpful, is not essential. You will be given every assistance. If you are looking for something rewarding to do, the club could do with you! Please contact Martin on **01707 850987**.

Dolphin Award winners:

- Amy Coomes
- Chloe Ferber
- Nicholas Gullick
- Andrew Heatley
- Edward Hull
- Shannon McRae
- Mark Dean
- Oliver Fosh
- Natasha Gunning
- Georgina Hull
- Matthew McArdle

Joy Bowyer Cup:

- Megan Hague

Ben Ludlow Osteopath

**Furzeffield Centre
Potters Bar**

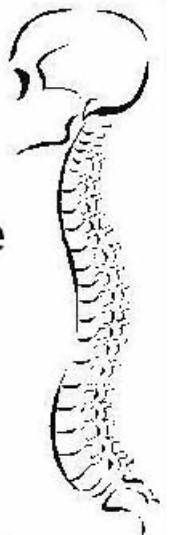
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Potters Bar Society walks to January 2011



If you are interested in furthering your knowledge and understanding of the local environment, then these walks should appeal. All start at 14.15. Non members are welcome but we may ask for a 50p donation.

If in doubt about your fitness or the requirements of the walk, please contact the leader for advice prior to the walk. All children under 16 years of age must be accompanied by a parent/guardian who will be responsible for their care.

Sunday 7th November

Meet in front of Furzeffield Centre, Mutton Lane, Potters Bar (TL 240018). Route: Mymmshall Farm, Wises Lane, Hawkshead, Warrengate Farm, Furzeffield. About 7km. Leader: **01707 659478**.

Sunday 21st November

Meet at junction of Oak Avenue and Ridgeway, Enfield (TQ 308982) (Bus 313). Route: Salmons Brook, Holly Hill, South Hill, Rectory Farm, Ridgeway. About 7km. Leader: **01707 644961**.

Sunday 5th December

Meet in front of Village Hall, Newgate Street (opposite church) (TL 301050). Route: Ponsbourne Park, Beavers Lodge Farm, Bucks Farm, New Park Farm, Newgate Street. About 7.5km. Leader: **01920 466418**.

Sunday 19th December

Meet at Church Road/Osborne Road junction, Little Heath (TL 257021) (Buses 84, or 302). Route: Leggatts Park, Swanley Bar, Bluebridge, Golf Course - Little Heath. About 7.4km. Leader: **01707 644961**.

Sunday 2nd January (2011)

Meet in front of "White Hart" PH, South Mimms (Bus 84). Route: North Mymms, Love Lane, Boundary Path, South Mimms. About 7.5km. Leaders: **01707 655732**.

Details of later walks may be accessed on the PB Society's website, www.pbsoc.org.uk.

Please 'Have a Heart'...

and support Potters Bar resident Samantha Chandler, 29, as she prepares for her charity trek along the Inca Trail in Peru in March 2011.

This amazing challenge presented itself in April 2010 when Heart Radio were appealing for trekkers to raise money for Have a Heart charity, which helps support disadvantaged children in the UK. Have a Heart supports several other charities and organisations including Starlight Children's Charity, granting terminally ill children a wish, and funding activity weekends for young carers, giving them a childhood that they may have otherwise missed and many of us have taken for granted. So after paying a £250 deposit the first steps had been taken to raise the minimum target of £3250 needed to participate.

Training includes regular trips to the gym, including lots of time on the stepper and walking on the treadmill and knee-strengthening exercises. Walking outside is becoming a high priority, often walking with her dad, a keen walker. A trip to the three peaks is being planned for additional training.

This physically challenging but exciting trek will last 6 days, walking for up to 12 hours a day and will reach heights of 4200m, where the risk of altitude sickness is very real and will be passing renowned points such as Dead Woman's Pass.

The forthcoming charity raffle, which includes prizes such as martial arts lessons for 2 adults, flotation tank vouchers, a bungee jump, Go Karting and more, will be drawn on Saturday 27th November at 'After Office Hours' bar in Barnet at 8pm. Tickets can still be purchased that day. A huge thanks to everyone who has generously donated prizes, including Float works, buyagift.com and Ishin Ryu Ju-Jitsu martial arts, and for supporting this worthy cause.

If you wish to make a donation and support this great charity you can do so via Sam's giving page:
<http://virginmoneygiving.com/SamanthaChandler>.

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WHAT'S ON

NOVEMBER 2010

TUESDAY 2nd

- ***Golden Eagle Spiritual Group:** Michael Redwin, Lunchtime Recital and Michael Wynne, Organ. St Mary The Virgin and All Saints Church, The Walk.
- **Bad Film Club presents...** Troll 2 by Claudio Fragassi, IT 1992. 7pm at the Weston Auditorium, University Hertfordshire. £4 full/£3 concessions. Box office 01707 281127.
- **Coach Trip:** Legally Blonde/Hair theatre trip. £69. Contact 01707 620061.
- ***Tuesday Friendship:** 'Florence Nightingale — Fact and Fiction'. Speaker: Wendy Matthews.
- ***Mitre Club:** 'Bhutan; the land of the Thunder Dragon' — Dr Philip Smith.

TUESDAY 2nd to SATURDAY 6th

- **'La Cage aux Folles'** by Green Room Productions at Wylyotts Theatre. Evenings 7.30pm and 3pm Saturday Matinee. Tickets £12—£16. Box Office: 020 8360 1957.

WEDNESDAY 3rd

- ***Darby & Joan Club:** Open.

THURSDAY 4th

- ***PB Society:** Town Group Meeting, 7.30pm, Tilbury Hall.

FRIDAY 5th

- **Strictly Come Hospice:** A night of glitz and glamour for The Peace Hospice. Palace Theatre, Watford. More info at www.peacehospice.org.uk.
- **Fireworks Display:** Cranborne Primary School. Gates open 5.30pm, display starts 6.45pm. Spectacular display with fun for all the family. Tickets available on day or in advance. Contact Cranborne Primary School for further info.

SATURDAY 6th

- ***Brookmans Park Rotary Club:** Fireworks Display, Little Heath School from 6pm. Tickets in advance: adults £5.50, children (under 16) £2.50. Tickets on the gate: adults £6, children £3. Contact Martin Collins on 01707 664475 or enquiries@brookmansparkrotary.org.uk.
- **Coach Trip:** Lunch at the Ritz, London, £70. Departs 10.30am. Contact 01707 620061.
- **Indoor Car Boot Sale, Elm Court:** Sellers from 12.15pm, buyers 1.30pm. Stall is £16 and must be booked. 01707 659602.
- **Quiz Night:** King Charles the Martyr Church Hall at 7.30pm. Tables of 8. Soup and ploughman's supper will be served in the interval. BYO drinks. Raffle. £7 for adults (£3 for U16's). Contact 01707 665579.

SUNDAY 7th

- ***Barnet Walks:** Hooray for Hendon! Guided walk. Meet at Hendon Central Tube Station at 11am.
- **Stories from the Ballet:** A children's Classical Concert. 2pm and 4pm at the Weston Auditorium, University Hertfordshire. £12 full/£5 children. Box office 01707 281127.
- **London Community Gospel Choir:** Wylyotts Theatre, 19.30. £16 and £15 concessions. Box Office 01707 645005.

MONDAY 8th

- **Film — 'Vertigo'** by Hitchcock, US 1958. 7pm at the Weston Auditorium, University Hertfordshire. £4 full/£3 concessions. Box office 01707 281127.

TUESDAY 9th

- ***Cuffley Industrial Heritage Society:** 'Something Concrete' — The History of Warecrete and other activities by David Render, former owner of Warecrete.
- **Toddler Tuesdays at Hertford Museum:** Themed crafty activities, play with toys and share a story! 'Tiger Antics' from 1.30pm—2.30pm. £1 per child — book in advance. ALL children must be accompanied by a responsible adult at all times.

TUESDAY 9th and WEDNESDAY 10th

- **Film — 'Wall Street Never Sleeps':** Wylyotts Theatre, 19.30. £4.50. Box Office 01707 645005.

WEDNESDAY 10th

- ***RSPB:** Christine James "30 years in a Chalk Pit" (Ashwell Quarry). Afternoon.
- ***PB and District Horticultural Society:** The Final Frontier — Isles of Scilly, June Crew.
- ***Darby & Joan Club:** Open.
- ***PB Flower Club:** 'Wonderful' — Majestic Flowers.

THURSDAY 11th

- ***Oakmere WI:** Jim Buttress — "Royal Parks".
- ***Northaw Women's Institute:** AGM and Beetle Drive.

- **Lecture evening of Enfield National Trust Association:** 'Pakistan — Where continents collide' by Isabel Leek at 7.45pm in Enfield. Further details 01707 650969.
- **'Fire and Glass Walk':** Walk on broken glass or hot coals at Watermill Hotel, Bourne End. Further details mgrand@peacehospice.org.uk or 01923 335348.
- **'An Evening with Peter Alliss — The Voice of Golf':** Wylyotts Theatre, 20.00. £18 and £17.50 concessions. Box Office 01707 645005.

FRIDAY 12th

- **'The Fortunes and Ivy League':** Wylyotts Theatre, 20.00. £16 and £15 concessions. Box Office 01707 645005.
- **PBURC Nursery:** Pampered Chef Evening. Tilbury Hall, 7.45pm for 8pm, tickets £2, details 01707 657078.

SATURDAY 13th

- **Autumn Charities Fayre** from noon to 3.30pm at Little Heath Parish Hall.
- ***Cherry Lodge:** Christmas Market in Hyde Hall, Chipping Barnet Library, 11am to 4pm. Gifts, homemade produce, cards, toys books and serving homemade soup.
- **Cats Protection:** Lea Valley Branch Christmas Bazaar at Cuffley Hall, Maynard Place, Cuffley, 11am—3pm. Entrance 50p or a tin of cat food.
- **4th Potters Bar Scout Group:** Christmas Market at St Johns Church, Baker Street. Seasonal stalls, refreshments and an early visit from Father Christmas. Starts 10am, finishes about noon. Entry 50p, U16 free. Contact 01707 652981.
- **Coach Trip:** Westfield Shopping Centre, £24. Contact 01707 620061.
- **Coach Trip:** Lord Mayor's Show and Fireworks, London. Contact 01707 654710. £17.50
- **'Rare Auditions — Back to the 60s':** Wylyotts Theatre, 2pm to 5pm. Book via www.rareproductions.co.uk.
- **'New Squadronaires':** Wylyotts Theatre, 20.00. £17 and £16 concessions. Box Office 01707 645005.

SUNDAY 14th

- ***Barnet Walks:** Fabulous Finchley — guided walk. Meet Finchley Central Tube Station at 2.30pm.

TUESDAY 16th

- ***Tuesday Friendship:** 'A Tale of 3 Cities in Europe'. Speaker: Terry Over.
- ***Duplicate Bridge:** 1.15pm at Potters Bar Bowls Club, The Walk. 01707 850388.
- ***PB Society:** Country Group Meeting, 7.30pm. United Reform Church Vestry (adj Tilbury Hall).

WEDNESDAY 17th

- ***Italian Circle:** 'The Golden House of Nero' (Domus Aurea) — an audio-visual presentation by Anna Mangini.
- **Film — 'Black Narcissus'** by Michael Powell and Emeric Pressburger, UK 1947. 7pm at the Weston Auditorium, University Hertfordshire. £4 full/£3 concessions. Box office 01707 281127.
- ***Darby & Joan Club:** Mo Bates — 'Trip through the Rockies'.

FRIDAY 19th

- **Coach Trip:** Blenheim Palace at Christmas and Living Crafts Fayre. Contact 01707 654710. £28.50 (including admission).

SATURDAY 20th

- **Darkes Fayre:** United Reform Church — The theme is 'Our Town'. Opens 10.30am. Entry by programme in advance 25p, or 30p on day. Children FREE and free Treasure Hunt.
- **Quiz Night:** Tickets £8 supper included. 7.30pm, St Mary The Virgin and All Saints Church, Church Hall, The Walk. Tel 658837 or 654407.
- **Coach Trip:** Chatsworth by Candlelight, £40. Contact 01707 620061.
- **Indoor Car Boot Sale, Elm Court:** Sellers from 12.15pm, buyers 1.30pm. Stall is £16 and must be booked. 01707 659602.

SUNDAY 21st

- **Coach Trip:** Thursford Shopping Spectacular, £70. Contact 01707 620061.
- ***Barnet walks:** East Barnet Village: a guided walk. Meet outside East Barnet Library, Brookhill Road, 11am.
- ***Fir and Pond Woods Nature Reserve of Herts and Middx Wildlife Trust,** volunteer working party, 10am.
- ***Cherry Lodge:** Lights of Love Event — Opportunity to remember someone special or mark a special occasion.

WHAT'S ON

TUESDAY 23rd

- ***North Mymms History Society:** AGM followed by 'The Two John's Video Show' by Potters Bar Cine and Video Society

TUESDAY 23rd to SATURDAY 27th

- **'Let's All Go to the Music Hall':** Wyllyotts, 7.30pm and Saturday matinee at 2.45pm. Tickets £15 for adults, £10 for students and £12 for concessions (Tuesday evening and Saturday matinee only). Call 07985 542204, or visit www.pottersbartheatrecompany.co.uk to book.

WEDNESDAY 24th

- ***Darby & Joan Club:** Open.

FRIDAY 26th

- **Christmas Fayre:** Cranborne Primary School. Open to public 9am–10.30am and 3.30pm–4.30pm. Festive fun, gifts, games, homemade cakes and Santa's Grotto. Entrance 50p at gate, under 4's free.
- ***RSPB:** Colin Kirtland – "West Coast USA", evening.
- **Hertford Museum late opening:** museum will remain open 'til 8pm to accompany town events including the Christmas lights switch on and a festive market.

SATURDAY 27th

- **Christmas Fayre at Pope Paul School,** Baker Street. From 12 to 3pm.
- **Christmas Bazaar:** 11am 'til 3pm, King Charles the Martyr Church Hall. Contact 01707 665579.
- **Coach Trip:** Christmas Shopping in Bruges, £50. Contact 01707 620061.
- **'Kings of Queens'** with a meal. Cost £28. Contact 01707 620061.

SUNDAY 28th

- ***Barnet walks:** The Battle of Barnet: a guided walk. Meet at the junction of the Great North Road and Hadley Green Road, 11am.
- **Santa Dash:** Cassiobury Park. Don your Santa suits and run, walk or toddle the 1 mile course. Register at www.peacehospice.org.uk or call 01923 335365.
- **Blood Donor Session:** Queen Elizabeth Girls School, High Barnet, Dining Room. 9.30am to 12.30pm and 2pm to 4pm.

TUESDAY 30th

- ***Tuesday Friendship:** 'A Day in the Life of a Sainsburys Store Manager'. Speaker: Suzanne Kara.
- **Film – 'Persepolis'** by Vincent Paronnaud and Marjane Satrapi, FR/USA 2007. 7pm at the Weston Auditorium, University Hertfordshire. £4 full/£3 concessions. Box office 01707 281127.
- **Radlett Music Club Concert:** 8pm, The Radlett Centre – The Finzi String Quartet. Music by Haydn, Finzi and Debussy. Ticket price £13.00 at the door. All seats unreserved. Free entry for young people in full time education, aged 8–25.

DECEMBER 2010

WEDNESDAY 1st

- ***North London and District Social Club:** Barn Dance at the Sports and Social Club Albury Ride Cheshunt. For tickets phone Kay on 01992 304439.
- ***Darby & Joan Club:** Christmas quiz.
- **Lights of Love – Watford:** Ceremony in Peacehospice grounds at 8pm. More info 01923 335370 or gcrowson@peacehospice.org.uk.

THURSDAY 2nd

- ***PB Society:** Town Group Meeting, 7.30pm, Tilbury Hall.

SATURDAY 4th

- **Christmas Tree Festival at PB United Reformed Church,** from 10am to 5pm, including Act 4.
- **Coach Trip:** Rochester Dickensian Experience, £28. Contact 01707 620061.
- **Indoor Car Boot Sale, Elm Court:** Sellers from 12.15pm, buyers 1.30pm. Stall is £16 and must be booked. 01707 659602.
- **Hertford Museum:** Christmas Model Railway Day, 10.30am–3.30pm. See working model railway layouts galore. Fun for all! Suggested donation of £1.
- ***Brookmans Park Rotary Club:** Christmas Tree Lighting. Bradmore Green, Brookmans Park from 4.30pm.

SUNDAY 5th

- **Christmas Tree Festival at PB United Reformed Church** from 2pm to 5pm, Carolathon 4pm.

- **Coach Trip:** Lincoln Christmas Market, £26. Contact 01707 620061.

- **Santa Dash:** Rickmansworth Aquadrome. Don your Santa suits and run, walk or toddle the 1 mile course. Register at www.peacehospice.org.uk or call 01923 335365.
- **Lights of Love:** Borehamwood Football Club – Ceremony for Peacehospice. More info 01923 335370 or gcrowson@peacehospice.org.uk.
- **Stamp Fair:** Mount Grace School. 10am to 4pm, free admission. More info 01303 238807.

TUESDAY 7th

- ***Mitre Club:** 'The history of British pantomime' – Leanne Walters.
- ***Duplicate Bridge:** 1.15pm at Potters Bar Bowls Club, The Walk. 01707 850388.
- **Lunchtime Recital:** Maciej Raginia – piano. At St Mary The Virgin and All Saints Church, The Walk.

WEDNESDAY 8th

- ***PB Flower Club:** Lisa Morgan – 'Christmas Time'.
- ***Darby & Joan Club:** Christmas sing along with Chris Sausman.
- ***RSPB:** Richard Revels – 'Britain's Wonderful Wildlife'.

THURSDAY 9th

- ***Northaw Women's Institute:** Christmas Special with Mrs D Flack.
- ***Oakmere WI:** Christmas Meeting – The Lynmore Singers.

FRIDAY 10th

- ***RSPB:** Ralph and Brenda Todd – "Iceland and Spanish Pyrenees", evening.
- **Hertford Museum:** Flashback Friday, shops in Hertford from 2pm–3.30pm. Come along and have an informal chat over tea, finding out about and sharing memories of Hertford's shops.

SATURDAY 11th

- **Christmas Coffee Morning:** 10am to 1pm – Peacehospice. More info 01923 335365.
- **Coach Trip:** Bath Christmas Market, £26. Contact 01707 620061.
- ***PB Choral Society:** Christmas Concert featuring Holst's 'Christmas Day' at 7.30pm, Church of Our Lady and St Vincent, Mutton Lane. Tickets £10 (£9 in advance). For tickets/info 01707 642393, email pbchoral@yahoo.co.uk or visit www.pbchoral.org.
- **Coach Trip:** Cirencester Christmas Fayre, 01707 654710, £20.95.
- **Festive sweets workshops:** Hertford Museum, 11am–12.30pm and 2pm–3.30pm. Will be making festive peppermint creams and a decorative gift box. Book and pay in advance. Limited places. £3.50 per child, suitable for children aged 6+.

SUNDAY 12th

- **De Havilland Philharmonic:** 7.30pm at the Weston Auditorium, University Hertfordshire. £20 full/£15 concessions/£6 students and children. Box office 01707 281127.
- ***Barnet walks:** Special High Barnet Christmas walk. Meet outside Barnet College, Wood Street, 2pm.
- ***Hertfordshire Showband:** Christmas Concert. Also with 'Crash Bang Wallop' Kids choir!
- **Mount Grace School, Potters Bar:** 7pm, boxoffice@hertfordshire-showband.org or call Sandy 01707 850713.
- **Christmas Fair:** Wroxham School, Wroxham Gardens, Potters Bar 12noon–3pm.

TUESDAY 14th

- ***North Mymms History Society:** 'Villages of East London' by Peter Lawrence.
- ***Cuffley Industrial Heritage Society:** 'The Development of the Local Water Supply from the mid 1850s to the present day' by Nigel Rhodes, Chartered Engineer.
- **Churches Together Annual Carol Concert:** 7.30pm at the Wyllyotts Centre. Contact 01707 653417 for more information. No tickets required but arrive in good time.
- ***Cuffley Floral Art Club:** Carl Wilde demonstrates 'Wilde Christmas'.
- ***Tuesday Friendship:** Christmas Party.
- **Toddler Tuesdays at Hertford Museum:** Themed crafty activities, play with toys and share a story! 'Christmas Fun' from 1.30pm–2.30pm. £1 per child – book in advance. ALL children must be accompanied by responsible adult at all times.

WEDNESDAY 15th

- ***Italian Circle:** 'Women in 19th Century Italy' an audio-visual presentation by Dr Kate Mitchell from Cambridge University.
- ***Darby & Joan Club:** Christmas service followed by teas and mince pies.

THURSDAY 16th to SATURDAY 18th

- **'Seasons of Song'** by Green Room Productions at King Charles the Martyr Church. Box Office: 020 8360 1957.

WHAT'S ON

SATURDAY 18th

- **Indoor Car Boot Sale, Elm Court:** Sellers from 12.15pm, buyers 1.30pm. Stall is £16 and must be booked. 01707 659602.
- **Coach Trip:** Winchester Cathedral Christmas Market, £28. Contact 01707 620061.

SUNDAY 19th

- ***Fir and Pond Woods Nature Reserve of Herts and Middx Wildlife Trust,** volunteer working party, 10am.

MONDAY 20th

- ***Act 4:** Christmas Holiday Club – 20th to 22nd from 9.30am–12.30pm.
- **Coach Trip:** London's Christmas Lights and Hyde Park Christmas Spectacular. Contact 01707 654710, £14.50.

TUESDAY 21st

- ***PB Society:** Town Group Meeting, 7.30pm, United Reform Church Vestry (adj Tilbury Hall).

WEDNESDAY 22nd

- **Blood Donor Session:** Furzefield Centre – 9.15am to 12.30pm and 2pm to 3.30pm.
- **Hertford Museum:** Homemade Christmas Crafts, 10.30am–3.30pm. Make your own Christmas wrapping paper and simple tree decorations. £1 per child, drop-in.

THURSDAY 23rd

- **Hertfordshire County Youth Orchestra:** 7.30pm at the Weston Auditorium, University Hertfordshire. £15 full/£12 Friends of County Youth Music Groups/£10 concessions and students/£5 children. Free for members of other County Youth Music Groups. Box office 01707 281127.

SATURDAY 25th CHRISTMAS DAY

- **Christmas Day Dinner** at Tilbury Hall. Contact Diane Travers on 01707 656311 for booking and also if you can volunteer to help.

TUESDAY 28th

- **Blood Donor Session:** Elm Court – 9.15am to 12.30pm and 2pm to 3.30pm.

JANUARY 2011

MONDAY 3rd

- **Strictly Come Hospice:** Dance lessons with our professional Moonglow Studio dance coaches, start at Charters Gym in Wafford, 7.30pm–9.30pm. More info on 01923 335365 or nmbraithwaite@peacehospice.org.uk.

TUESDAY 4th

- ***Mitre Club:** 'The Former Sheriff of London' – David Wootton.

THURSDAY 6th

- ***PB Society:** Town Group Meeting, 7.30pm, Tilbury Hall.

SATURDAY 8th

- **Indoor Car Boot Sale, Elm Court:** Sellers from 12.15pm, buyers 1.30pm. Stall is £16 and must be booked. 01707 659602.

TUESDAY 11th

- ***Cuffley Industrial Heritage Society:** 'Coffee Houses, coffee shops, coffee stalls and coffee bars' by Marlene McAndrew.
- ***Tuesday Friendship:** Cake Competition/Diamond Jubilee Planning.

WEDNESDAY 12th

- ***PB Flower Club:** Nadina Burke – 'Scheherazade'.
- ***RSPB:** John Wallington – "Antarctica", afternoon.
- ***Darby & Joan Club:** Welcome 2011.

THURSDAY 13th

- ***Northaw WI:** Mr Peter Thorne – Local Photography and Slides of the Village.
- ***Oakmere WI:** Ann Fereday – 'Yemen – the Land of Sheba'.
- **Lecture Evening of Enfield National Trust Association:** 'Wild South Wales' by Richard Revels in Enfield at 7.45pm. Further details from 01707 650969.

FRIDAY 14th

- **Coach Trip:** Sales and Scenery in Delightful Maidstone. Contact 01707 654710, £17.50.

SUNDAY 16th

- ***Fir and Pond Woods Nature Reserve of Herts and Middx Wildlife Trust,** volunteer working party, 10am.

- ***Barnet Walks:** The Battle of Barnet: a guided walk. Meet at the junction of the Great North Road and Hadley Green Road, 11am.

TUESDAY 18th

- ***Duplicate Bridge:** 1.15pm at Potters Bar Bowls Club, The Walk. 01707 850388.
- ***PB Society:** Country Group Meeting, 7.30pm. United Reform Church Vestry (adj Tilbury Hall).

WEDNESDAY 19th

- ***Italian Circle:** 'Machiavelli in America' an audio-visual presentation by author Ross King.
- ***Darby & Joan Club:** Informal afternoon.

THURSDAY 20th

- **Radlett Music Club Concert:** 8pm, The Radlett Centre. The Zimro Trio. Music by Brahms, Mozart, Ravel and Bartok. Ticket price: £13.00 at the door. All seats unreserved. Free entry for young people in full time education, aged 8–25.

FRIDAY 21st

- **Blood Donor Session:** Ewen Church Hall, Wood Street, High Barnet, 12.45pm to 3.30pm and 5pm to 7.15pm.
- ***RSPB:** Russell Spencer – evening.

SATURDAY 22nd

- **Supper Quiz:** organised by Potters Bar Tangent Club in aid of the Alzheimer's Society. Tilbury Hall, 7pm for 7.15pm. Tickets £9 including ploughman's supper. Bring your own drinks and glasses. Tickets 01707 650969.
- **4th PB Scout Group:** Quiz Evening at St John's Church, Baker Street, 7.30pm. £7 per head includes ploughman's supper. Tables of 8 preferred although we can accommodate other numbers. Contact Group Scout Leader 01707 652981.
- **Indoor Car Boot Sale, Elm Court:** Sellers from 12.15pm, buyers 1.30pm. Stall is £16 and must be booked. 01707 659602.
- ***PB Society:** Coffee morning, 10am to 12noon, Tilbury Hall.

TUESDAY 25th

- ***North Mymms History Society:** 'Fleetville: a community in St Albans' by Brian Adams.
- ***Tuesday Friendship:** "Top of the World". Speaker: Pauline Morris.

WEDNESDAY 26th

- ***Darby & Joan Club:** Fish and chips at 'The Byng'.

SATURDAY 29th

- **Call My Bluff Wine Tasting:** Tickets £10 including supper. 7.30pm at St Mary The Virgin and All Saints Church Hall, The Walk. Tel 654407.
- **'Dolly Parton Tribute'** with a meal. Cost £28. Contact 01707 620061.
- **Comedy Evening:** Cranborne Primary School. An evening of laughter to brighten those winter evenings. Full details available nearer the time via www.friendsofcranborne.org.

FEBRUARY 2011

TUESDAY 1st

- **Blood Donor Session:** Wyllyotts, Main Hall – 1pm to 3.30pm and 5pm to 7.30pm.
- ***Mitre Club:** 'Never too old for adventure: a sailing odyssey' – James Tew.
- **Lunchtime recital:** Simon Pusey – organ. St Mary The Virgin and All Saints Church, The Walk.

WEDNESDAY 2nd

- ***Darby & Joan Club:** Quiz.

THURSDAY 3rd

- ***PB Society:** Country Group Meeting, 7.30pm. Tilbury Hall.

SATURDAY 5th

- ***PB Choral Society:** Quiz Supper, 7pm for 7.30pm. Church Hall of Our Lady and St Vincent, Mutton Lane. Tickets £8, tables of (up to) 8. For tickets/info 01707 642393, email pbchoral@yahoo.co.uk or visit www.pbchoral.org.
- **Indoor Car Boot Sale, Elm Court:** Sellers from 12.15pm, buyers 1.30pm. Stall is £16 and must be booked. 01707 659602.

SUNDAY 6th

- **Stamp Fair:** Mount Grace School. 10am to 4pm, free admission. More info 01303 238807.

TUESDAY 8th

- ***Cuffley Industrial Heritage Society:** 'A Day in the Life of a Thames Tug' by Richard Thomas, author and lecturer.

WHAT'S ON

- *Cuffley Floral Art Club: AGM and demonstration which is to be arranged.
- *Tuesday Friendship: 'The Bevan Boys'. Speaker: Gene Spencely.

WEDNESDAY 9th

- *Darby & Joan Club: Ken Cain — slide show.
- *PB Flower Club: Annual General Meeting (members only).
- *RSPB: Frank Bayford — "Around Norfolk", afternoon.

THURSDAY 10th

- *Northaw WI: Mr John Neal — Grandma's London in the early 20th century.
- *Oakmere WI: St Alban's Tour Guide — 'A City beneath the Park'.
- Lecture Evening of Enfield National Trust Association: 'Machu Picchu' by Gloria Broadbent in Enfield at 7.45pm. Further details from 01707 650969.

TUESDAY 15th

- *Duplicate Bridge: 1.15pm at Potters Bar Bowls Club, The Walk. 01707 850388.
- *PB Society: Country Group Meeting, 7.30pm. United Reform Church Vestry (adj Tilbury Hall).

WEDNESDAY 16th

- *Italian Circle: 'Comparisons between the Abruzzo and Trentino Alto Adige Regions of Italy' an audio-visual presentation by Vickie Harris.
- *Darby & Joan Club: Open.

FRIDAY 18th

- *RSPB: David Darrell-Lambert — "Improving your Birdwatching Skills", evening.
- Strictly Come Hospice Final: 7.30pm—10.45pm at Watersmeet Theatre, Rickmansworth. Event includes professional dancers and competitors dancing in front of judging panel and audience.

SATURDAY 19th

- Indoor Car Boot Sale, Elm Court: Sellers from 12.15pm, buyers 1.30pm. Stall is £16 and must be booked. 01707 659602.
- Coach Trip: Sonning Mill, £65. Contact 01707 620061.

SUNDAY 20th

- *Fir and Pond Woods Nature Reserve of Herts and Middx Wildlife Trust, volunteer working party, 10am.

TUESDAY 22nd

- *North Mymms History Society: 'Shenley and Porters Park' by Robert Dearden.
- *Tuesday Friendship: 'Antiques and their Stories'. Speaker: Simon Brown.
- Radlett Music Club Concert: 8pm, The Radlett Centre. Lucie Skeaping and The Burning Bush.
- Trad music of the old Jewish world. £16.00, all seats unreserved. Advance booking The Radlett Centre Box Office (01923. 859291) recommended. No concession tickets for this concert.

WEDNESDAY 23rd

- *Darby & Joan Club: Mo Bates — 'New Zealand Slides'.

THURSDAY 24th

- Coach Trip: Bennington Lordship Snowdrops, £35. Contact 01707 620061.

SATURDAY 26th

- 'Dirty Dancing — Live' with a meal. Cost £ 28. Contact 01707 620061.

MARCH 2011

TUESDAY 1st

- *Mitre Club: 'Treasures and curiosities from the Royal Library' — Oliver Everett.
- Lunchtime recital: Rarescale Flute Academy. St Mary The Virgin and All Saints Church, The Walk.

WEDNESDAY 2nd

- *Darby & Joan Club: Fish and chip lunch. Speaker from Jubilee Sailing Trust.

THURSDAY 3rd

- *PB Society: Country Group Meeting, 7.30pm. Tilbury Hall.

SATURDAY 5th

- 4th Potters Bar Scout Group: Jumble Sale at St Johns Church Baker Street. Entry £2 at 10am and 30p at 10.30am. Finishes about noon.

- Indoor Car Boot Sale, Elm Court: Sellers from 12.15pm, buyers 1.30pm. Stall is £16 and must be booked. 01707 659602.

TUESDAY 8th

- *Cuffley Industrial Heritage Society: 'Winter Steam in China' by David Eatwell, Traveller, Author and Photographer.
- *Cuffley Floral Art Club: Lee Berrill demonstrates 'One Day'.
- *Tuesday Friendship: 'The Two Sisters'. Speaker: Heather Rae.

WEDNESDAY 9th

- *PB Flower Club: Sophia Demetriades — 'Here Comes Spring'.
- *RSPB: Liz Goodyear — "Butterflies of Hertfordshire and Middlesex" afternoon.
- *Darby & Joan Club: USA Singers.

THURSDAY 10th

- *Northaw Women's Institute: Mr D O'Dell — Adventures of a Ghost Hunter in Herts.
- Lecture Evening of Enfield National Trust Association: 'Two Old Codgers and a Bear' by Anita and Philip Hart in Enfield at 7.45pm. Further details from 01707 321759.
- *Oakmere WI: Birthday meeting.

SATURDAY 12th

- *PB Choral Society: Concert Performance of Gilbert and Sullivan's 'Trial by Jury' and other light music at 7.30pm, Church of King Charles The Martyr, Mutton Lane. Tickets £10 (£9 in advance). For tickets/info 01707 642393, email pbchoral@yahoo.co.uk or visit www.pbchoral.org.
- Cookery Demonstration and Supper: 7.30pm at St Mary The Virgin and All Saints Church, Hall, The Walk. Further details tel 654407.
- Annual Dinner Dance: at Brookmans Park Golf Club. All funds from ticket sale, raffle and an auction for Friends of Cranborne. 5 course a-la-carte meal, entertainment and dancing. From 7.30pm, 'til midnight. Tickets £27.50. Tel 07727 749562 or loatley@virginmedia.com.
- *Brookmans Park Rotary Club: 19th Annual Sponsored Swim at Furzefield Centre, Potters Bar. First swimmers in water at 5.30pm, contact Robert Ward on 01707 645343 for sponsorship forms.

TUESDAY 15th

- *Duplicate Bridge: 1.15pm at Potters Bar Bowls Club, The Walk. 01707 850388.
- *PB Society: Country Group Meeting, 7.30pm. United Reform Church Vestry (adj Tilbury Hall).

WEDNESDAY 16th

- *Italian Circle: 'Verdi and the Risorgimento' an audio-visual presentation by Peter Bleasby.
- *Darby & Joan Club: Informal afternoon.
- Indulgence Evening: Cranborne School. Amazing spa experience for all ladies — various beauty and relaxation treatments. Tickets £4 includes glass of wine/soft drink. Pre-bookable treatments. Contact Lorraine Oatley on 07727 749562 for further info.

FRIDAY 18th

- *RSPB: David Boag — 'Natural Quarry', evening.

SATURDAY 19th

- Indoor Car Boot Sale, Elm Court: Sellers from 12.15pm, buyers 1.30pm. Stall is £16 and must be booked. 01707 659602.

TUESDAY 22nd

- *North Mymms History Society: 'The Cecils of Hatfield House' by Michael Mockings.
- *Tuesday Friendship: 'Theatre Years'. Speaker: Gay Potter.

WEDNESDAY 23rd

- *Darby & Joan Club: Jeff's Clothes — Come and Buy.

WEDNESDAY 30th

- *Darby & Joan Club: Brian Wass — 'Experiences of a Copper'.

Please check details of these events by telephoning the contact provided. An asterisk * means more details about venues and times included in Clubs and Organisations section.

To include an event contact: susan.weaver4@ntlworld.com or saradonatantonio@talktalk.net.



Hertsmere Volunteer Police Cadets

Twenty-six young people from across the borough have joined the Hertsmere Volunteer Police Cadets.

Since joining in May, the cadets have been involved in a series of community events throughout the borough including Potters Bar Fun Day in July.

The cadets have visited the custody suite at Borehamwood Police Station and the county control room at police headquarters, which has given them a greater insight into how the police force works.

They have also attended a team building camp weekend and 20 of the cadets went to the Peak District in August for their first summer camp. At both camps, the cadets were involved in team and relationship building activities including raft building, an eight-mile bike ride and a series of role plays to give them an insight into the types of situations the police have to deal with on a daily basis.

On 28 July, the cadets had their first passing out parade in front of their families and dignitaries from across the borough.

Toby Caswell, a police cadet from Potters Bar said: "the best highlight for me at the summer camp was the Kangaroo Court and the day out at Alton Towers. Being a police cadet lets me have an insight into the varied activities of the police. I like participating in the community events, meeting new people and making friends."

While the police cadets are from different backgrounds, they all

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want to build up their confidence and learn more about how the police force operates.

There is a waiting list to join the cadets but if you would like more information please email HVPC@herts.pnn.police.uk.

Potters Bar Community Safety Partnership (CSP) has given money to the cadets. The Potters Bar CSP meetings are held quarterly and start at 7pm at the Wyllyotts Centre in Darkes Lane. The next meetings are on Thursday 2 December 2010 and Thursday 17 February 2011.

If you would like more information about these meetings please contact Hertsmere Borough Council on **020 8207 7801** or email partnership.support@hertsmere.gov.uk.

Be Safe this Christmas

As the festive season is fast approaching it is important to keep yourself and your property safe.

So here are a few tips:

- Put presents under the Christmas tree early on Christmas morning, or keep the tree out of view from windows, so they don't attract thieves
- Lock and bolt your doors and windows
- If you are expecting a parcel, make sure someone is there when it is delivered, or ask a neighbour to take it in to avoid having it left on the doorstep
- Keep keys, mobile phones, purses, wallets and other valuable items locked away out of sight
- Don't leave your keys in the door at any time
- Never leave keys in view of windows or doors
- Once you've opened all your gifts, don't leave the empty boxes on view outside as this could advertise your brand new items to criminals

If you would like more crime prevention advice please visit www.herts.police.co.uk.



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Creativity, enthusiasm, excitement and fun combined as Educational Charity Act 4 brought the Mayor, parents and families together to watch children take part in a performance that rounded off this year's Act 4 Holiday Club.



Following the performance Mayor Cllr Linda Silver was present to open Act 4's first Summer Fayre.

Over four previous mornings primary aged children were invited to explore what it means to Aim High through performance, craft, games and more. The sessions focused on the themes of using our potential, team work, having the right focus.



For more information on our work please checkout our website www.act4.org.uk or contact Luisa Gorry on **01707 665551/ Luisa@act4.org.uk**.



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Let's all go to the Music Hall

Ladies and gentlemen...! For your delight and delectation, Potters Bar Theatre Company presents an effervescent and exhilarating evening of fun and frivolity with *Let's All Go To The Music Hall* at Wyllyotts Theatre, Potters Bar this November.

With a mind-blowing medley of mesmerising melodies, monologues and melodramas lined up for your enjoyment, prepare to be entertained, enlightened and enervated as our chairman leads a talented troupe of trepidacious troubadours through some of your favourite numbers. There are plenty of opportunities for you to join in along the way too.

The show runs from Tuesday 23 to Saturday 27 November starting at 7.30pm, with a Saturday matinee at 2.45pm. Tickets are priced at £15 for adults, £10 for Students and £12 for concessions (Tuesday evening and Saturday matinee only). Call **07985 542204**, or visit www.pottersbartheatrecompany.co.uk to book.

Poop poop!

Early November also sees auditions for PBTC's big production for spring 2011 – the Alan Bennett National Theatre production of *Wind in the Willows* – and the society is keen for as many families as possible to join what promises to be a riverboat-full of fun – not only as members of the audience, but as performers in the show itself. You could dress up as a hedgehog, rabbit, weasel or stoat if you like. There are plenty of opportunities for young singers and dancers. And even if you don't feel up to the demands of playing Mr Toad, Ratty, Mole or Badger, there are plenty of smaller speaking parts or important backstage roles that need filling.

Kenneth Grahame's timeless characters will be taking their familiar jaunt down the river bank from Tuesday, 19 April to Saturday, 23 April 2011 at Wyllyotts, with a special early evening performance on Friday, 22 April (Good Friday).

Further details of auditions will be available soon on the website, www.pottersbartheatrecompany.co.uk.

New members

PBTC welcomes any new actors, singers and dancers looking for a new challenge, as well as anyone interested in the costume, lighting, sound, props, set design or front of-house side of its productions.

For further information about forthcoming shows and membership details, or to learn how to become a patron, or receive a regular newsletter giving news of productions and social events, call Gillian Rickards on **01707 657194**, visit our website, or email us at mail@pottersbartheatrecompany.co.uk.

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WYLLYOTTS THEATRE

Summer Serenade London Community Gospel Choir

Sunday 7th November, 7.30pm
Tickets £16.00, concessions £15.00

The London Community Gospel Choir has performed at Live 8, Glastonbury and on The sound track of the Disney Film, *The Lion King*. They are energetic, inspiring and spirit filled. Don't miss them.

Peter Allis

Thursday 11th November, 8.00pm
Tickets £18.00, concessions £17.00, groups of 8 plus £15

Peter is recognized round the world for his golf commentaries working for the BBC in Europe and ABC in the States. He has written 20 books and also regularly writes for golf magazines. An evening with Peter promises anecdotes a-plenty with an abundance of humour. There is also a Q&A session.

The Fortunes and Ivy League

Friday 12th November, 8.00pm
Tickets £16.00, concessions £15.00

The Fortunes, stunning show contains many classic hits while the Ivy League bring their hilarious routines to the Wyllotts Stage. They are great characters and are guaranteed to get the audience rolling in the aisles. The combination of great comedy, slick performance and lots of hit records make it a show not to be missed.

The New Squadronaires

Saturday 13th November, 8.00pm
Tickets £17.00, concessions £16.00

All the musicians are dressed in RAF Uniform and play music from the great Swing Bands including Glenn Miller, Tommy Dorsey, Harry James and others. This is a mixed programme of music that includes some of the original Squadronaires music arrangements.

Nimmo Brothers

Sunday 14th November, 8.00pm
Tickets £8.00pm

Over the past decade the Nimmo Brothers have proven themselves to be one of the most respected exponents of modern blues the UK has seen since the blues boom of the 1960's. Expect pile-driving blues rock from this band. Guaranteed to raise the roof.

Those Variety Days

Thursday 18th November, 2.00pm
Tickets £11.00

Bursting with song, dance, music and comedy this production features the original stars and glittering costumes from their award winning television programme. The Minstrels return to the Stage and with live music this promises to be a wonderful afternoon of good old variety.

Rich Hall

Friday 19th November, 8.00pm
Tickets £15.00

Star of the recent critically acclaimed BBC 4

documentary, *How the West was Lost* and a regular performer on the BBC2 Show *QI*, Rich Hall is back on the road. Rich will be performing in his usual style as the grouchy deadpan comic genius. Rich is a master of absurdist irony.

West End meets Ballroom

Saturday 20th November, 8.00pm
Tickets £18.00, concessions £17.00

Featuring The Westenders, six performers who have twenty years' experience in London's West End. Hear the hits from the world's most popular musicals, *Les Miserables*, *Hairspray*, *Mamma Mia* and lots more. Mix in jaw-dropping ballroom dance accompanied by a live show band and you have the ingredients for a magical musical and dance infusion.

Night before Christmas

Sunday 28th November,
11.00am and 1.00pm
Tickets £5.00

On the night before Christmas Emily hugs her teddy and waits excitedly for morning, while in the corner a little mouse called Eddie cannot understand why only Humans are allowed to celebrate and get presents.

Running time 50 minutes. Suitable for families and children 3 plus.

The Big Chris Barber Band

Sunday 28th November, 7.30pm
Tickets £17.00, concessions £16.00

The perennial Jazz Band favourite. Chris Barber leads his 11 piece Band who play a wide selection of his favourites from the music of Duke Ellington, Sidney Bechet, Miles Davis and many others.

Sleeping Beauty

Saturday 11th December to
Sunday 2nd January
Tickets ring Wyllotts Box Office on 01707 645005 or go onto the website www.wyllottstheatre.co.uk for details of times and prices.

The Wyllotts Theatre brings its annual pantomime to Potters Bar. Join the cast and help break the evil spell that will last for 100 years, and find out that dreams really can come true.

Pride and Prejudice

Friday 21st January 8.00pm
Tickets £12.00, concessions £10.00

Jane Austen's story of Elizabeth Bennett and Mr Darcy brought to the stage by the Chapterhouse Theatre Company. It is a truth universally acknowledged that a single man in possession of a good fortune must be in want of a wife.

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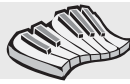
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Green Room Productions

This autumn we will be producing two spectacular shows for your enjoyment. In November we are delighted to be presenting the sparkling Jerry Herman musical *La Cage aux Folles*. We follow this in December with a cabaret-style celebration of song from the world of musical theatre based around the theme of the seasons – Seasons of Song – a perfect Christmas treat.

We present the multi-award winning musical, *La Cage aux Folles*, at the Wylyotts Theatre, Potters Bar, from 2nd to 6th November. This a timeless and deliciously comic tale of family values, unconditional love, and the need to celebrate who we are. Georges is the owner of a glitzy nightclub on the French Riviera, where his partner Albin stars as the glamorous showgirl Zaza. When Georges' son brings his fiancée's conservative parents home to meet the pair, tensions mount and feather boas fly! With a wonderful score including *I Am What I Am*, *Song on the Sand* and *The Best of Times*, this is a musical full of heart and fun.

From 16th to 18th December, join Green Room for a celebration of the seasons, with songs drawn from classic shows and lesser-known musicals and from composers including Rodgers and Hammerstein, Irving Berlin, George Gershwin, Cole Porter, Stephen Schwartz and William Finn, to name but a few. Take time out from the festive frenzy and indulge yourself in a feast of musical theatre, in the delightful setting of King Charles the Martyr Church, Potters Bar.

All performances are nightly at 7.30pm with a Saturday Matinee at 3.00pm. Tickets for all shows are available from the Green Room Box Office on **020 8360 1957**. For further information on shows, membership and getting involved with Green Room visit our website www.greenroomproductions.co.uk or email us at enquiries@greenroomproductions.co.uk.

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A great year to be in a Marching Band!

Potters Bar based Hertfordshire Showband is expecting to be very busy in 2012 and the year leading up to it!

2012 is Olympic year and the likely demand for 'street music' is going to be huge. In the build up there are many events taking place as part of the Cultural Olympics, as well as opportunities at the various venues for the actual Games. Already 2012 bandmen performed simultaneously in July as part of the '2 years to go' celebration!

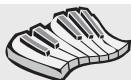
It is also the Queen's Diamond Jubilee in 2012. Again we expect there will be lots of activity for bands, and there are plans to include massed marching bands as a part of the spectacle of the event.

Here in Potters Bar we have many young people joining us and now have a band of 70 musicians but we do want more, and we need them now so we are ready for the future! We want to build up to a band of 100 members by 2012.

We are looking for teenage and adult players of brass instruments from trumpets to tubas, also flutes, clarinets, saxophones, xylophone and various drums and other percussion. We provide uniforms and have several spare instruments we can loan.

Call Terry on **01707 650209** or visit www.hertfordshire-showband for more details.





Open Day

Sunday 28th November, 10.00am–12.00pm

Come and meet Iggle Piggle and friends at
2 Jays Groups for Children

5th Potters Bar Scout Hut, Mutton Lane, Potters Bar

For children aged 18 months – 5 years

For further information contact Joy Kyriacou
01707 647829 or joy.kyriacou@ntlworld.com

Darkes Fayre with “OUR TOWN” as its theme

This eagerly awaited colourful annual event will be held on Saturday 20 November at the United Reformed Church in Darkes Lane.

Many changes have been planned to combine the Café and Snack Bar as one Cafeteria in the hall with most of the stalls centred in the church building. The usual array of colourful decorations and costumed helpers will set the tone for a happy day. Planning is well in hand and the Deputy Mayor and Deputy Mayoress of Hertsmere, Councillor Peter and Mrs June Knell are coming as Guests of Honour to open the Fayre at 10.30am.

The variety of stalls will include Silent Auction, Cakes, Books, Preserves, Toys, Jewellery, and the ever popular Bric-a-Brac and Collectibles. Other attractions will be Tombola, Raffle, Bottles and Chocolates with sideshows to amuse old and young alike.

For the children there will be Santa’s Grotto, Face Painting and a free Children’s Treasure Hunt that proves very popular with the younger children.

Programmes will be on sale in the weeks beforehand and are a bargain at 25p which includes a free prize quiz and entry to the Fayre. Admission at the door without a pre-purchased programme will be 30p but children, accompanied by an adult, get entry for free.

Commenting on the event, Mary Deller the Church Secretary said “now that we are without a Minister the whole membership continues to work extra hard to ensure a happy and successful day. We look forward to welcoming old and new friends to join in the fun.”

Janet O’Connor

Potters Bar Rotary Club Sleigh Routes

Father Christmas will be visiting the following roads (Weather permitting) on:-

Sunday 5 December (Route 11)

The Walk, Highfield Way, Byng Drive, Ladbrooke Drive, Strafford Gate, Melrose Avenue, Birch Grove, Otways Close, Albermarle Avenue

Monday 6 December (Route 10)

Cranborne Road, Cranborne Crescent, Laurel Fields, Laurel Avenue, Clive Close, slip road

Tuesday 7 December (Route 7)

Daleside Drive, Sunnybank, Meadow Way, Greenway, Field View, Brackendale, The Byway, Elmroyd Avenue

Wednesday 8 December (Route 9)

Hawkshead Road, Cranmer Close, Grangewood, Osborne Road, Swanley Bar Lane, Heath Road

Thursday 9 December (Route 8)

Cotton Road, Trewenna Drive, Peshurst Road, Thaynesfield, Northlands, Torrington Drive, Tiverton Road, Hatherleigh Gardens

Sunday 12 December (Route 1)

Dugdale Hill Lane, Elmfield Road, Shrublands, Wellesley Crescent, Shillitoe Avenue, Rushfield, SanTERS Lane, Oakroyd Avenue

Monday 13 December (Route 3)

Oakmere Avenue, Park Avenue, Hill Rise, Ashwood Road, Hyde Avenue, Willow Way

Tuesday 14 December (Route 5)

Oakmere Lane, Tempest Avenue, Forbes Avenue, Mandeville Road, Carpenter Way, Gregory Avenue, Highview Gardens

Wednesday 15 December (Route 4)

The Drive, Heather Way, Sherwood Avenue, Allandale Crescent, Dugdale Hill Lane, Brooklands, Aberdale Gardens, Elmscroft

Thursday 16 December (Route 2)

Billy Lows Lane, Mount Grace Road, Quakers Lane, Anthorne Close, Church Road, Mountway, Manor Way, Heath Drive.

Sunday 19 December (Route 6)

Wroxham Gardens, Mimms Hall Road Ormesby Drive, Oulton Crescent, Auckland Road, Borough Way, Cambridge Drive, Deepdene

21st, 22nd, 23rd, 24th December

Outside Tesco Store in Mutton Lane, 8.00am–2.00pm

NOTE: We have tried to cover all areas of Potters Bar, but if your road is not specifically stated, perhaps you could catch Father Christmas and the sleigh in an adjacent road on one of the dates mentioned above.

Do you want to sell, let or renew your lease?
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2010 Christmas Services at local churches

Christ Church, Little Heath (CE)

19th December	6.30pm	Carols by Candlelight
24th December	4.00pm	Crib Service
	11.00pm	Holy Communion
25th December	8.30am	Holy Communion
	10.00am	Christmas Family Celebration followed by short service of Communion

Contact Revd Steve Rees 654414

King Charles the Martyr, Mutton Lane, Potters Bar (CE)

16th December	12 noon	Open Door Café Carol Service
19th December	4.30pm	Service of Lessons and Carols
24th December	4.00pm	Family Service at the Crib
	6.00pm	Christingle Service
	11.30pm	Midnight Mass (Carols at 11.00pm)
25th December	10.30am	Christmas Day Communion

Contact Revd Michael Burns 661266

St Mary's, The Walk, Potters Bar (CE)

12th December	4.00pm	Christingle Service
19th December	6.30pm	Carol Service
24th December	5.00pm	Family Carols at the Crib
	11.30pm	Midnight Mass of the Nativity
25th December	10.00am	Christmas Communion

Contact Revd Peter Bevan 644539

Potters Bar United Reformed Church, Darkes Lane

5th December	11.0am	Toy Service
19th December	4.30pm	Carol Service
24th December	11.30pm	Welcome to Christmas
25th December	10.0am	Christmas Celebration

Contact Church on 652595

St John's Methodist Church, Potters Bar

12th December	3.00pm	Nine Lessons and Carols
19th December	4.00pm	Family Carol Service
24th December	11.15pm	Midnight Holy Communion
25th December	10.30am	Christmas Day Service (all age)

Contact Revd Alison Facey 652978

Our Lady's and St Vincent's Roman Catholic Church, Potters Bar

19th December	3.00pm	Carol Service
24th December	6.00pm	Family Mass
	9.00pm	Vigil Mass
25th December	10.00am	Mass

Contact Fr Tim O'Connor 654359

Potters Bar Baptist Church, Barnet Road

19th December	10.30am	Christmas Presentation
	6.00pm	Carols by Candlelight
25th December	10.30am	Christmas Day Family Service

Contact Church Secretary 646277

St Giles, South Mimms (CE)

17th December	9.15am	St Giles School Christingle
19th December	4.00pm	Service of Lessons and Carols
24th December	3.30pm	Bread and Crib Service
	11.30pm	Midnight Mass
25th December	10.30am	Family Mass

Contact Revd Brenda Tipping 07780 535035 (text only)

St Margaret's Ridge (CE)

19th December	6.00pm	Service of Lessons and Carols
24th December	10.0pm	Holy Communion (BCP)
25th December	9.15am	Family Eucharist

Contact Revd Brenda Tipping 07780 535035 (text only)

Causeway Free Church, The Causeway

19th December	10.30am	Carol Service
25th December	10.00am	Christmas Celebration

Contact Revd Peter Maclure 660021

St Mary's, North Mymms (CE)

19th December	6.30pm	Nine Lessons and Carols
24th December	4.00pm	A Crib Service
	11.30pm	Midnight Mass
25th December	9.30am	Holy Eucharist with carols

Contact Church on 01727 825578

Brookman's Park United Reformed Church

6th December	10.30am	Toy Service
20th December	4.30pm	Carol Service
25th December	10.30am	Christmas Celebration

Contact Church on 657354

St Mary's Church, Essendon – Christmas Services

12th December	3.00pm	Christingle Service
19th December	6.30pm	Carol Service
24th December	11.15pm	Midnight Communion
25th December	11.15am	Family Service

Town Carols at the Wyllyotts Centre

The Churches Together Annual Carol Concert and Service will be held on Tuesday 14th December 2010 at 7.30pm – no tickets required but arrive in good time to ensure a seat!

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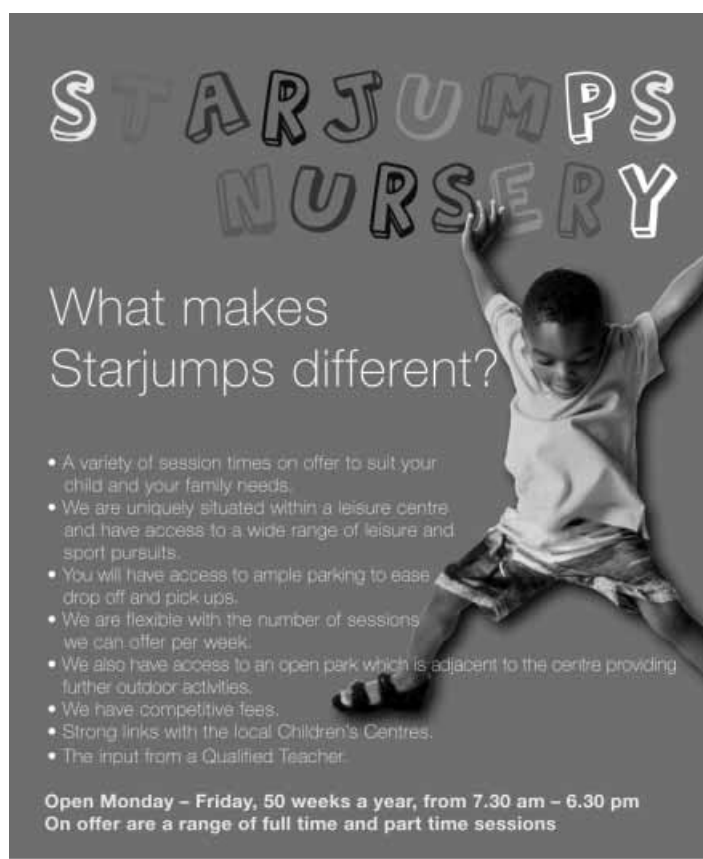
01707 267842 or 07973 549620

Get into the Christmas Spirit at the Christmas Tree Festival

Once again, Potters Bar United Reformed Church in Darkes Lane will be holding their Charity Christmas Tree Festival. It will be on Saturday 4th December from 10am–5pm and on Sunday 5th December from 2pm–5pm. Everyone is welcome to come along and see the display of beautifully decorated trees. It is hoped there will also be a display of Christmas Crafts. Tea, coffee and mince pies will be available and donations will be collected and given to the Hertfordshire Air Ambulance Appeal.

On Sunday 5th December at 4pm there will be a Carolathon in the Church where we will be singing Christmas carols for an hour. Everyone is invited to participate.

If you would like to take part in the Festival by providing a decorated Christmas tree or a piece of Christmas craft, please contact Barbara Corfe on 659080.



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Christmas Day Dinner

As Christmas approaches plans are already being made for the Christmas Day Dinner which will this year be at Tilbury Hall in Darkes Lane.

The invitation for this traditional Christmas Day meal is extended to all those who are on their own at that time, those who have families living far away and those with mobility problems.

The meal is at 1.00pm and we have drivers ready to bring folk to Tilbury Hall. We do however need volunteers to help on Christmas Eve and Christmas Day so to book your dinners or to help please contact Diane Travers on 01707 656311 who would love to hear from you.



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200 – remember that number because

Next time you feel ill, trip or have a sickly child and have to call the doctor, you're told your GP or Nurse is fully booked; and at the very time you wanted, he or she may be sitting waiting for another patient who never arrives...

Automated appointments and automated cancellation; people are quick to use the first or book on line, but many do not cancel even though it is just as simple. How many? Between the three Potters Bar surgeries Annandale has some 50 missed, Parkfield and Highview, the two larger surgeries, some 150 missed. Adding up to a total of 200 every month. So whenever you make a surgery appointment from now on think "200" and cancel if you don't need that appointment after all.

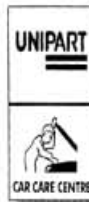
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Potters Bar Cine and Video Society

Celebrates 60 years of Film Making

In 1950 five members of the local photographic Society (Cine Section) broke away and formed the Potters Bar Cine Society. It has been going successfully ever since. Members have produced many award winning films throughout the years. You will have seen some of the results if you have seen the 'TWO JOHNS' Video Show.

But it is not all about winning awards. The Society helps and encourages filmmakers to make the most of precious moments captured on tape or disc; whether a family celebration, holiday or exciting adventure.

The Society had a special Jubilee dinner in May, when one of the founder members sent his reminiscences all the way from Australia on video, of course, for all to enjoy.

Almost from the formation of the Society PBCVS has held a 'Public Show', sometimes twice a year. In recent years they have only had one show a year, but to mark the auspicious occasion of reaching their Diamond Anniversary and because at last year's Show the Hall was filled to capacity PBCVS put on two performances on the 2nd of October.

So, if you have some special footage you want to make the most of, or you just want to find out more about film and video making, the Society is very friendly, so come and join us.

The society meets fortnightly, on Thursdays at 7.45pm in the Henry Fetherstone Suite, at the Wyllotts Centre. Details of our programme are available on the website at www.pottersbarcineandvideosociety.org.

For details of our meetings: 01707 656446.

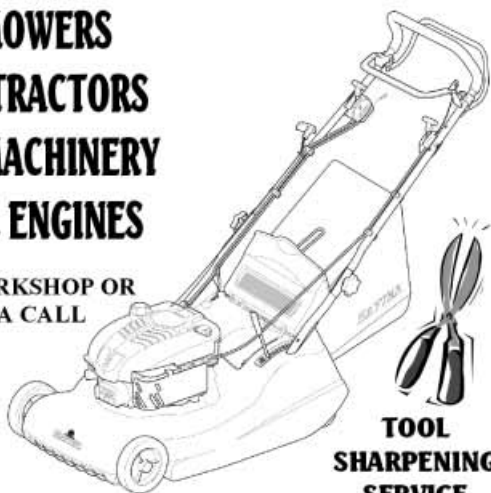
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What's going on with the bins?

The two borough councils covering our area (Hertsmere and Welwyn-Hatfield) are both making changes to the waste and recycling services, designed to increase the amount of household waste which is recycled. Councils are subject to landfill tax for the rubbish which goes to be buried so it makes financial as well as environmental sense to recycle more.

Hertsmere residents (Potters Bar) already have alternate week collections collecting different items each week. Residents will now have received a third wheelie dustbin making the black box redundant (you can keep it or return to council). In Week 1 Potters Bar will have the black and the brown bins collected and in Week 2 the green bin and blue box. Brown bins are for glass bottles and jars, tins and cans, cartons/Tetra Paks and plastics (including yoghurt pots, bottles, microwave trays and plastic bags). Black bins are for anything which cannot be recycled.

In Week 2 the green bins are for garden, and food waste (free kitchen caddie and compostable bags available) and small cardboard (packets). Blue boxes are for newspaper, magazines, envelopes (tear plastic windows out) and catalogues/directories. Hertsmere already recycle 40 per cent of household waste and are hoping the new collection including glass and plastic cartons will take the borough to over 50 per cent. For further information please visit www.hertsmere.gov.uk/recycling or call **020 8207 7480**.

Welwyn Hatfield Council (Little Heath, Brookmans Park, Cuffley, Northaw) is changing to alternate week collection with recycling collected one week and other refuse in the next. For the recycling, residents will have two bins – the present brown bin for garden and food waste and a new bin (replacing the present green and red boxes). This bin will take plastic items (a new service), glass, tins, and paper, magazines, directories etc all in one bin. For the second week another new bin will be provided for non-recyclable waste to replace the need for the plastic sacks which residents put out now. The council hopes this will increase the recycling rates to nearly 50 per cent. For detailed information please see www.wel-hat.gov.uk or call **01707 357000**.

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Talking rubbish, taking action

At the end of August members of Hertsmere Council's Street Scene Forum visited two waste sites to gain more understanding of what happens to our household rubbish. First we went to a very local composting facility located in fields next to the M25 near South Mimms. This is a new site which is taking the food, garden waste and small cardboard from Hertsmere's green bins. The site is run by a private company called Agrivert contracted by Hertfordshire County Council. The green waste is first shredded, then put into large tunnels where it is heated to eliminate bacteria etc, and composted by a process known as aerobic digestion which basically means air is circulated freely to help the waste breakdown. The rich compost is then used on local farmland in Hertfordshire. Because the process is very local our borough is saving on transporting costs and contributing to a cleaner atmosphere.

The second site, Waterdale Waste Transfer Station in Watford takes all the left-over non-recyclable waste from Hertsmere's black bins. Here we saw the bin lorries arriving from various local boroughs and were shocked by the mountains of rubbish tipped for compacting to about a third of the volume and then taken away in large containers to land-fill in Bedfordshire. To see the huge amounts which go to be buried every day from this site made us think seriously about trying to increase as much as possible the proportions of our rubbish for recycling.

The Street Scene Forum enables residents to discuss waste matters and environmental issues with councillors and officers and to be consulted on changes. Anyone interested please call **020 8207 7480**, email street.scene@hertsmere.gov.uk or visit www.hertsmere.gov.uk/recycling.

LOCAL ORGANISATIONS

AB'S STOMPERS LINE DANCING

Weekly, Monday, Tuesday and Thursday. Wroxham School. All levels. 01727 853041 or 07967 964962.

ACT 4*

Weekly. Youth clubs and regular events. 01707 665551 www.act4.org.uk.

ADULT NETBALL

Monday 7-8pm. Wroxham School. £2. Any standard welcome. Tel 01707 650902.

ADULT DANCE AND TAP

Weekly, Monday, Little Heath Church Hall. 8-9pm. Suzanne 07931 692638.

AIR TRAINING CORPS - 57 (PB) SQUADRON

Weekly, Tuesday and Thursday, Ingram Cadet Centre (opposite Fire Station). 7.15-9.30pm. Boys and girls 13-18 years. New members welcome. 01707 261421/656172.

ALZHEIMERS SOCIETY

Last Thursday of every month, St Johns Church Hall, Baker St. 1.30-3.30pm contact 01707 265326. Saturday weekly at Sixty Plus, Wyllyotts Centre 10.30am-3.30pm for families and carers.

ART

Every Friday 10am-12noon. Furzeffield Court, (next to Elm Court) £2.30. Contact 020 8207 7568.

ART IN HERTS

Weekly, Tuesday, Furzeffield Court Mutton Lane. 8-10pm Painting in an informal and social atmosphere with occasional visiting expert tuition. 01707 650694.

ART CLASSES

Lessons in watercolour and mixed media. Held in Committee Room 1, Little Heath Parish Hall, Tuesday and Friday mornings 10am-12noon. For details. 01707 850356 www.kwsArt.com.

ARTHRITIS CARE - PB BRANCH

Monthly. 1st Friday, Christ Church Hall, Little Heath. 2-4pm. Social Club. 01707 657743.

BADMINTON

Weekly, Friday, Owen's School. 8-10pm. 01707 659196. Age 17+ intermediate upwards.

BADMINTON - OAKLANDS CLUB

Weekly, Tuesday, 8-10pm. Owen's School Sports Hall. Social badminton. July to April including school holidays. Adults-intermediate upwards. 01707 655764.

BADMINTON CLUB

Meets at Little Heather Church Hall, Thursdays at 7.30pm. New members of all abilities welcome. Contact 01707 657812.

BADMINTON CLUB (Friern)

Friendly club for intermediate players - Dame Alice Owen's School every Wednesday 8.00. Contact cristatoomey@hotmail.com.

BALLROOM AND LATIN DANCING

Weekly, Tilbury Hall. Beginners Monday, 7pm. Improvers 7.45pm and advanced 8.45pm. Wednesday Beginners Line Dancing 8.30pm. 01707 268846.

BARNET AND DISTRICT CANCER LINK

Drop In Centre, WEEKLY, Wednesday, 1.30-4.00pm at Church of Mary Immaculate and St Gregory the Great Church Hall, Union Street, Barnet for cancer patients, families and friends. 01707 708022/020 8446 3104.

BARNET PLUS SPORT AND SOCIAL CLUB

Weekly, Sundays from 8.30pm at The All Saints' Arts Centre, 122 Oakleigh Road North, London N20 9EZ. www.barnetplus.com.

BARNET YHA (North London Outdoor Group)

Weekly, Tuesday 8-10pm. Discovery Hall, Netherlands Road, Barnet. 18-40+. Walking, cycling, social. 020 8449 1553. www.barnetyha.org.

BARNET WALKS

Contact Paul for more information on 020 8440 6805 - Walks are guided.

BARRACUDA SWIMMING CLUB

Weekly, Sunday, Furzeffield Centre Mutton Lane. 11.30am-12.30pm. Helps people with disabilities to be safe in water. 01707 653329 or 01707 659058.

BAY JAZZ CLUB

Weekly, Tuesday, 8.30-11pm. Botany Bay Cricket Club, East Lodge Lane, Enfield. Live Traditional Jazz. Licensed Bar. New members always welcome. 020 8367 6660.

BINGO

Weekly, Monday, South Mimms Youth and Community Association, Village Hall. 7.20pm. Make friends and win money. 01707 651700/647822.

BODY MOVES KEEP FIT CLASS

Thursday, 8pm (term time). Wayside Jubilee Centre, Wayside, Potters Bar. Fitness class for 30+ 11 week course @ £44.00. Contact 01707 271081.

BOTANY BAY PETANQUE CLUB

Weekly, Sunday 10.30am-2pm. Botany Bay Cricket Club. Come and try the French game of boules. 01707 653325.

BROOKMANS PARK WI

3rd Monday, 8pm. Brookmans Park United Reformed Church. Visitors welcome. 01707 657997.

BROOKMANS PARK TENNIS CLUB

Golf Club Road, Brookmans Park. 6 courts/floodlights. Suit all abilities. 07788 610272.

BROOKMANS PARK WEA

Meet weekly on Tuesday and Thursday mornings 10 week course held at URC Brookmans Park commencing 29th September - contact 01707 650673.

BURMA STAR

St Albans branch. Monthly, 2nd Monday, 11am. British Legion Club, Verulam Road, St Albans. For ex-servicemen with Burma Star. 020 8207 1247.

BUSHI SEISHIN RYU

Weekly, Friday, Kidston Institute, Northow Road West, Northow. 7.30-9.30pm. 01707 642354.

CARERS IN HERTFORDSHIRE*

Contact 01442 253344 for information.

CAPITAL ARTS CHILDREN'S CHOIR AND YOUTH THEATRE

Saturday, Wyllyotts Centre. Age 5-16 years. Drama and choir. Contact 020 8449 2342/07885 23241 capitalarts@btconnect.com.

CHARITY LUNCHEONS

United Reformed Church, Darkes Lane, Potters Bar. Commencing 17th September 1st and 3rd Fridays in the month. Soup, full salad buffet, tea/coffee and biscuits, 12.50pm, £3 per person. Please come and join us 01707 665482

CHARLIE'S ANGELS

Weekly on Wednesdays in term time. 1.30pm-3pm. For toddlers and carers. King Charles the Martyr Church Hall. No charge. 01707 665579.

CHERRY LODGE CANCER CARE

Contact Tina on 020 8441 7000 for more information.

CHI KUNG CLASS

Weekly, Monday 6.30-7.30pm at Little Heath Parish Hall, Saturdays 11am-12pm at Potters Bar Health Club. Organised by 'Just Standing'. 01707 272255 www.juststanding.co.uk.

CHURCHES TOGETHER IN POTTERS BAR

Co-ordination organization for all churches in Potters Bar. Contact chairman Malcolm Golland on 01707 653417.

CIRCLE FOR THE BLIND AND PARTIALLY SIGHTED (PB Theatre Company)

Dress rehearsals for shows and quarterly evening socials at Furzeffield Court. Evenings. 01707 657194.

COMMUNITY CHOIR

Weekly, Tuesday, Wyllyotts Theatre. 7.30-9.30pm. For info Joy 01707 655464.

COUNTRYSIDE MANAGEMENT SERVICES

Opportunities to enjoy and help look after the local countryside. 020 8447 5466.

CRANBERRIES

Weekly, Friday, Term time. 9-10.30am. Parent/toddler group. Cranborne School. 01707 851471.

CROQUET CLUB

Tuesday, Thursday, Saturday and Sunday. From 2.30pm. Bush Hill Park, Enfield. Entrance Cecil Avenue, off Southbury Road. Beginners welcome. Coaching given. 020 8886 6643.

CUFFLEY FLORAL ART CLUB*

Monthly, Tuesday, 8pm. Cuffley Hall, Maynards Place. Contact Pat 01707 875100. Doors open at 7.30 for 8.00 start.

CUFFLEY INDUSTRIAL HERITAGE SOCIETY*

Monthly, Tuesday, Northow Village Hall. 7.30 for 8pm. £3. 01707 875481.

CUFFLEY OVER 50'S CLUB

Wednesdays, 2-5pm. Cuffley Youth and Community Centre. Snooker, table-tennis, scrabble, etc. 01707 872747.

DANCE

Lizzie Meeks School of Dance. Saturday 10am-2pm and Tuesday 4-9.30pm. Potters Bar and Ridge. Children and Adults: ballet, tap, modern, jazz, street dance. Enquiries 01707 670418.

DANCE FACTORY UK

Wroxham School - all standards. Monday, Tuesday and Thursday. Contact Alison/Peter 01727 853041.

DANCING

Ballroom and Latin. Beginners. Weekly, Wednesday, Christ Church Hall, Thornton Road, Little Heath. 8.45-10pm. Phone 01707 662050.

DARBY & JOAN CLUB

Wednesdays 2pm-4pm. PB Baptist Church, Barnet Road. Tel June 655599 or Yero 01707 651470.

DUPLICATE BRIDGE

Tuesday afternoons 1.15pm starting 19th October 2010 through to April 2011 at Potters Bar Bowls Club, The Walk. Further details phone 01707 850388.

ELIZABETH ALLEN FOOTBALL CLUB

Weekly, Saturday afternoon. Old Owen's, Coopers Lane Road and Coopers Road. Little Heath. 16 years up. Training Tuesday 8pm. Owen's School. 01707 652422/646273.

ENFIELD LIGHT OPERATIC and DRAMATIC SOCIETY (ELDOS)

Weekly, Tuesday and Friday, 8pm. Drama Group rehearse Winchmore Hill. Perform Wyllyotts. 2 musicals per year. 020 8807 7997.

FENG SHUI SOCIETY OF HERTS

Monthly, Elm Court. 7pm. Everyone very welcome. 01707 664071.

FIFTY PLUS

Wide range of activities, events, trips and courses. No membership required. Not exclusive to 50 and over. Contact the Fifty Plus team for further info on 020 8207 7568.

FIR AND POND WOODS NATURE RESERVE OF HERTS AND MIDDX WILDLIFE TRUST*

Monthly 3rd Sunday. Meet at lay-by, Coopers Lane Road, 10am. Tools provided. Contact 01707 657351.

FISH/FELLOWSHIP OF SERVICE

Can provide transport for medical treatment and similar needs in local community. Organised by Churches Together. 01707 653378/659858.

FRIENDS OF THE EARTH (Welwyn/Hatfield)

01707 276754.

FULL GOSPEL BUSINESS MENS FELLOWSHIP INTERNATIONAL

For Christian businessmen. Weekly. Regular local dinners and breakfasts. All welcome. 01707 650386/644735.

FURZEFFIELD WI

Monthly, 3rd Thursday. 7.30-10pm. Tilbury Hall. 01707 659886.

GOBIONS WOODLAND TRUST

Nature conservation group 01707 656531.

GOLDEN EAGLE SPIRITUAL GROUP*

Monthly, 1st Tuesday. Clayton Centre (previously known as Toc H), Barnet Road. 8pm. Mediumship and workshops. 01707 658499.

GREEN ROOM PRODUCTIONS

Rehearsals Monday at King Charles the Martyr Church Hall, Wednesday at Oakmere School. Present modern musicals twice a year at Wyllyotts. New members welcome - acting and behind the scenes. 01727 836938.

GUIDES, BROWNIES and RAINBOWS

Potters Bar and Brookmans Park area, contact Sue on 01707 850147, Hatfield area contact Alison on 07815 559596.

GURDJIEFF STUDY AND MEDITATION GROUP

Meets every few weeks. Contact number 01707 654896 for more information.

HADLEIGH GROUP

Weekly, Wednesday, 7am at Potters Bar Golf Club, BNI Breakfast for business people. All welcome. 01707 644464/859005.

HATHA YOGA CLASSES

Weekly (Term Time). Wednesdays 6.15pm or 8.45pm and Thursdays 9.30am. Brookmans Park United Reformed Church. All abilities. Tel 07831 103467 Debbie.

HEART THROBS

Monthly, 2nd Thursday 7pm. Exercise group meets 5 times weekly. All at Royal British Legion, Holwhites Hill, Enfield. 01992 718155.

HERTFORDSHIRE CONCERT BAND

Tuesday evenings in the Music Department of Hertfordshire University. A friendly wind band that rehearses in Hatfield. Contact 07806 258401 www.hertsconcertband.co.uk.

HERTFORDSHIRE SHOWBAND

Weekly, Monday, Mount Grace School. Training band and lessons 7pm, Showband 7.45pm. 01707 650209.

HERTS PHILHARMONIA ORCHESTRA

Meets Thursday evening at Welwyn Garden City, for experienced players. 01438 714394 or email peter.neville@stcztz.oxon.org.

HERTS STAG CLUB

Monthly, 2nd Monday. Brookmans Park Golf Club, 12.15pm for 12.45pm. For retired professional and business people. Purely social. 01707 660566.

HERTSMERE SOCIETY OF ART

Weekly, Wednesday. 1.30-4.30pm. Toc H Hall, Barnet Road. Friendly art group. All standards welcome. 01707 658336.

HEALTH WALKS (Hertsmere)

Meet outside PB train station every Monday, Wednesday 10.30am. From 2nd April on Friday evenings. Contact 01727 848168 healthwalks.cms@hertscc.gov.uk.

HUMANISTS - NORTH LONDON GROUP

Monthly, 3rd Thursday. Non-religious people meet for discussion meetings at Ruth Winston House, Palmers Green + social events. 01707 653667.

INSTITUTE OF SPIRITUALIST MEDIUMS

Monthly, 3rd Tuesday, 8pm. 60+ Centre, Wyllyotts. Mediumship and talks. 07813 203883.

IRISH DANCING

Weekly, Wednesday, Friday and Saturday. Feeney Miller School of Dancing, Clayton Centre, (formerly Toc H Hall). Age 4+. 01727 824842.

ITALIAN CIRCLE OF MID-HERTS*

Monthly, Wednesday. Talks on all aspects of Italy. Welwyn Garden City Golf Club, Mannicotts. Visitors £5 per person per visit. Membership £25 per season. Doors open at 7.45pm, talks start at 8.15pm. 01707 372264.

JAZZ - GOOGLES JAZZ CLUB

Meet Thursday evenings Botany Bay Cricket Club, East Lodge Lane (just off The Ridgeway), 7.30pm. Contact John on 020 8350 3541 for more information.

KARATE and SELF DEFENCE

Daily Potters Bar and Brookmans Park. Various times. Ages 3-adult. 020 8361 8192 or 020 8368 6249.

KARATE FOR ALL THE FAMILY

Weekly, Saturday, Oakmere Youth and Community Centre. Children 10.30-11.30am. Adults 11.45-1pm. Beginners welcome. 01707 852641.

KYO RIKU JUTSU

Weekly, Mondays, Furzeffield Centre. 7pm-9.30pm. 07738 629585/645955.

LADIES BADMINTON

Weekly, Wednesday afternoons. 2-5pm. Christ Church Hall, Little Heath, friendly, social group. Would welcome new members. 01707 650040.

LINE DANCE WITH STEPPIN' TIME

Weekly, Wednesday and Thursday, Brookmans Park and Welham Green. Absolute beginners to intermediate level. 01707 655866.

LINE DANCING

Weekly, Wednesday, Christ Church Hall, Thornton Road, Little Heath. 7.30-8.45pm. Easy Dances.

LITTLE HEATH BRIDGE CLUB

Weekly, Tuesday, Little Heath Parish Hall. 7.30pm. Duplicate Bridge. New members welcome. 01707 652343/658016.

LOAVES and FISHES CAFE

Weekly, Wednesday, Christchurch Little Heath. 10.45-12.30pm. All welcome. 01707 662460.

MERLIN MAGICAL SOCIETY

Fortnightly, Thursday, 7.45pm. Little Heath Parish Hall, Thornton Road. Magicians Club. New members welcome including beginners. 01707 664877.

MIND DROP-IN GROUP

Weekly, Tuesday, 1-4pm. Cricket Club, The Walk. 01707 659455.

MITRE CLUB

Monthly, 1st Tuesday. For retired professionals/businessmen. Ramada Hotel, (formerly Comet). Lunch and talk by guest speaker. 01707 652376.

MOUNTVIEW DANCE SCHOOL

Weekly, Monday, Thursday and Saturday, St John's Church Hall, Baker Street. Dance classes from age 3 upwards. 01582 461233.

MOVES FITNESS

Weekly, Monday, St Mary's Church Hall, The Walk, Potters Bar. 7.30-8.30pm. Aerobic Dance Exercise. All fitness levels welcome. 1st lesson free. Bring mat/towel. 01707 651008.

MULTI-SPORT

Weekly, Tuesday and Thursday, Furzeffield Centre. For the active generation 50+. Short tennis, table tennis, badminton, swimming, indoor bowls. 01707 850500.

NATIONAL ASSOCIATION FOR GIFTED CHILDREN - EXPLORERS CLUBS

Monthly, 1st Sunday, Borehamwood. For talented children and siblings. 01582 763539 www.nag-cherts.org.uk.

NETBALL CLUB

Cheshunt Youth - Thursday evenings at Wormley playing fields in winter - various leagues. Adults times seeking plays - ring Clea on 01707 873676

NINTAL KARATE CLUB

Weekly, PB Health Club, Mount Grace Road. Monday and Friday. Shotokan karate. Beginners 7-8pm. Intermediate/advanced 8-10pm. 07956 987100.

NORTH LONDON and DISTRICT SOCIAL CLUB FOR THE UNATTACHED

Weekly, Wednesday,

LOCAL ORGANISATIONS

NORTHAW GREAT WOOD

working parties every Friday at 9.30 and first Sunday in each month. Meet in car park of the wood. public@friendsnorthawgreatwood.org.uk or 07850 233854.

NORTHAW TAI CHI GROUP

Weekly, Tuesday, Northaw Church of England School, Vineyards Road, Northaw. 7.45–9pm. 01707 642354.

NORTHAW WI

Monthly, 2nd Thursday. 7.30pm, Northaw Village Hall. 01707 645482.

OAKMERE BRIDGE CLUB (Chicago)

Weekly, Monday, 7.30pm, Wyllyotts Centre, Partners Bridge. 01707 651461.

OAKMERE WI*

Monthly, 2nd Thursday. 7.45pm, Tilbury Hall. 01707 645482.

OLD OWENS CRICKET CLUB

Coopers Lane, PB. All abilities welcome. Club. Herts Saracens League. 07904 194295/020 8819 6638.

OPEN DOOR CAFÉ

Weekly on Thursdays. Closed in August and on 23 and 30 December. King Charles the Martyr Church Hall. 10.30am–2pm. Coffee and lunches served. All welcome and all profits to charity. 01707 665579.

OVER 60'S SOCIAL DANCES

3rd Saturday in month. 60+ Centre, Wyllyotts. 7.15–10.15pm. £2.50 including refreshments.

PILATES

Weekly classes Tuesday 7.45–8.45pm at Brookmans Park United Reform Church. Contact Neelam on 07891 752906. Weekly (term time). Mondays and Fridays 9.30am Brookmans Park United Reform Church. Improver Level. Small groups and 1:1s for beginners available on demand. Debbie 07831 103467.

PARENT/TODDLER GROUP

Weekly. Term-time. 9.45–10.45am. Cranborne School. 01707 851471.

PB 41 CLUB

For ex-Round Tablers. 1st Wednesday, Monthly. Speaker meetings. 8pm. 01707 851445.

PB ALLOTMENT ASSOCIATION

Contact Geoff Sudlow on 01707 653910, or call at Highview Gardens site on Sundays, from 10am–12noon.

PB ART GROUP

Weekly, Monday, 7.30–9.30pm. St John's Church, Baker Street. All abilities welcome. Tutorial art videos. Friendly club. 01727 826640 www.PBAG.co.uk.

PB BOWLS CLUB

The Walk. New members welcome. 01707 660336 or email club@pottersbar-bc.com.

PB CHILDREN WITH SPECIAL NEEDS GROUP

Monthly, 2nd Tuesday. Coffee morning. Not drop-in. 9.30–11.30am. At Wayside. 01707 859325.

PB CHORAL SOCIETY*

Weekly, rehearsals Tuesdays. 7.45pm. St John's Church Hall, Baker Street. Previous experience not essential. www.pbchoral.org or 01707 642393.

PB CINE and VIDEO SOCIETY*

Alternate Thursdays. 8pm. Wyllyotts Centre. Tel 01707 656446/872210.

PB CRICKET CLUB

The Walk. New members welcome. 01707 888633.

PB CRUSADERS SPORTS and SOCIAL CLUB

Daily. Members club. 5.30–11pm. (Monday to Saturday) 12–3pm (Sunday). For all sports/social activities visit www.pottersbarcrusaders.com.

PB and DISTRICT HISTORICAL SOCIETY*

Monthly lectures. 8pm. 60+ Centre, Wyllyotts. £1. 01707 657586.

PB and DISTRICT HORTICULTURAL SOCIETY*

Meets alternate Wednesdays. 8–10pm. Elm Court, Mutton Lane. Members 50p. Visitors £2. Phone 01707 665101 for more information.

PB and DISTRICT PHOTOGRAPHIC SOCIETY

Monday 7.30pm for 8pm. Wyllyotts Centre. Any standard welcome. 01707 658735.

PB DOG TRAINING SOCIETY

Weekly, Sunday. 10–11am. 8 week courses. 01707 651610.

PB EVANGELICAL FREE CHURCH

Weekly, Mimms Hall Road. Family services, children's and youth clubs. Info 01707 652827.

PB FLOWER CLUB*

Monthly, 2nd Wednesday (except August). 7.30pm for 8pm. King Charles the Martyr Church Hall. Visitors welcome and pay £4 per ticket. Membership costs £20 per year. For further details contact Anne on 01707 850089 or Chris on 01707 656796.

PB GOLF CLUB*

Darques Lane. New members and societies welcome. Green fees. 01707 652020.

PB GYMNASTICS CLUB

Recreational (ages 4–12 years). Monday 5.15pm Furze Field Centre. Squad training (ages 6–13 years) Tuesday, Thursday, and Friday evenings 5.30pm and Saturday 9am Chancellor's School 01923 855598.

PB HOCKEY CLUB

Ladies, Men and Junior hockey. If you interested in joining, please call either Ed on 07763 929462 or Caroline on 07966 451505.

PB JEWISH PARENT and CHILD GROUP

Weekly, Thursday, 10am. 01707 656202.

PB JUBILEE VIP CLUB FOR THE VISUALLY IMPAIRED

Monthly, Thursday. 2–4.30pm. Wayside Centre. Occasional outings. Tel 01707 659952.

PB LAWN TENNIS CLUB

The Walk. 6 AstroTurf courts/floodlights. Monday Play and Pay 7–9pm. Tuesday and Thursday ladies sessions 9.30–11.30am, including coffee. 645909. Wheelchair and disability tennis available contact Karl 07939 303483.

PB LIFESAVING CLUB

Weekly, Tuesday, Furze Field Centre. 8–9pm. From 9 years to any age and ability. 020 8440 3346.

PB NATIONAL WOMENS REGISTER – TUESDAY GROUP

Weekly, 8pm in members' homes. Discussions, quizzes, outings. New members very welcome. 01707 659903.

PB PETANQUE PLAYERS

Play at Oakmere Park, first Saturday of every month 2pm to 4pm, Sundays 10.15am to 1pm and Tuesday evenings 6pm to 8pm. Contact 01707 654606.

PB POTTERS

Mondays, 9.30am–12pm and Fridays. Mount Grace School. No experience necessary. 657096.

PB RAMBLING CLUB

Weekly, Wednesday and Sunday. 10.30am meeting at start of walk. 654079. Email w@sch.vg.

PB ROTARY CLUB

Meets Tuesdays 1pm at (last 7.30pm) Brookmans Park Golf Club, Darques Lane, Potters Bar. Tel 653992.

PB SHOKOTAN KARATE CLUB

Training on Wednesday evenings and Sunday mornings at the Furze Field Centre. Contact SKA on 075 3456 3456 or visit www.karate-masters.co.uk.

PB SOCIETY COUNTRY GROUP

Monthly, 3rd Tuesday, Tilbury Hall. 7.30pm. Contact Teresa 01707 270549.

PB SOCIETY TOWN GROUP

Monthly, 1st Thursday, Tilbury Hall. 7.30pm. Contact Arnold 01707 654179.

PB SOCIETY WALKS

Fortnightly Sunday afternoon walks along rights of way starting at 2.15pm. Contact Steve 01707 659478 or see www.pbso.org.uk.

PB SPIRITUALIST CHURCH

Hill Rise. Evenings of clairvoyance and healing services. 01707 655147/658207.

PB SQUASH CLUB

Mount Grace School, Mount Grace Road. Club nights, leagues, coaching. All ages and abilities. Junior coaching Saturday and Sunday. 07961 120018.

PB TABLE TENNIS CLUB

Weekly, Tuesday and Thursday. Cricket Club, The Walk. Barnet and Shaw Leagues. Evening. 01707 852422.

PB THEATRE COMPANY*

Rehearsals Tuesday and Friday. Chancellors School, Brookmans Park. Stage 2 musicals and 2 plays per year. Performers, backstage help and front of house. For info call Gillian on 01707 657194. To go on mailing list call Aby on 01707 321649 or visit website www.pottersbartheatrecompany.co.uk.

PB TOWN BAND

Weekly rehearsals, Friday. 8–10pm. Scout Hut, Quakers Lane. Traditional brass band. New players welcome. 01438 355351.

PB TOWN FOOTBALL CLUB*

Parkfield, The Walk. Matches every Saturday 3pm. Some Sundays and midweek. Training Tuesday and Thursday. 7.30pm. 020 8360 7859.

PB TOWNWOMENS GUILD

Monthly, 2nd Wednesday. 7.30pm. Wayside Hall. 01707 653650.

PB TOWN TWINNING ASSOCIATION

Visits to and from Franconville and Viernheim. 01707 644805 or 01707 659871.

PB TWINS CLUB

2nd and 4th Friday. 10–12noon. King Charles the Martyr Church Hall. Monthly get-togethers and socials. 01707 655640.

PB UNDER 5'S ASSOCIATION*

Approximately 6 meetings per year plus local events. Anyone involved with young children welcome. Tel 01707 652375/647211.

PB UNITED FOOTBALL CLUB

Training weekly. Age 5–16 years. Boys and Girls. Phone for times/venues. 01707 653546/647526.

PBURC NURSERY SCHOOL

Meeting in Tilbury Hall, flexible hours school terms, 9am to 1pm Monday to Thursday and 9am–12noon Friday. Phone 07854 843125 mornings only, for details or see website www.pburc-nursery.org.uk.

PB WEA

Literature Group. Meet on Thursday mornings 10am–12pm. United Reform Church. Also courses run through the year. New members welcome. For more info call 01707 658915.

PHOENIX CONCERT BAND

Rehearsals Weekly, Thursday, Fair Field Junior School, Watford Road, Radlett. 8–10pm. 020 8364 9862 or www.phoenixconcertband.ukf.net. 01707 642976.

POBAD – Potters Bar Assisting Disabilities

We make small grants for equipment for the disabled. Also minibuses available for hire for disabled and groups. Info 01707 659858.

RADLETT MUSIC CLUB

6 concerts per season, October–April. At The Radlett Centre: 8pm. Tickets normally £13.00 at the door. String or Wind Trios/Quartets playing Chamber Music. Also a Solo Pianist once a season. Full details at www.rmc.wd7.org.uk or 01923 855173.

ROTARY CLUB OF BROOKMANS PARK

Tuesday 7.30pm for 8pm at Old Owens Rugby Club. Enquiries welcome. 01707 645343.

ROYAL BRITISH LEGION

Monthly, 2nd Wednesday, Cotton Road. 8pm. Ex-service and non ex-service. 01707 658750.

ROYAL BRITISH LEGION CLUB

Weekly Bingo, Thursday. Live music Sunday. Cotton Road. 8–11pm. New members welcome. 01707 658750.

ROYAL BRITISH LEGION WOMENS SECTION

Monthly, 3rd Wednesday. HQ Cotton Road. 8pm. Fundraising and social activities. 01707 658895.

RSPB

As from January 2010 Evening meetings at Tilbury Hall, United Reformed Church, Darques Lane, Friday 7.45pm. Members £3.50, non-members £4.00. Afternoon meetings at St Johns UR Church Hall, Mowbray Road, New Barnet. Wednesday 2pm. Members £3.00, non-members £3.50. 01438 817797 or 01707 644299.

RSPCA

Friends of Southridge Animal Rescue and Re-homing Centre, Packhorse Lane, Ridge, Julia 07906 312 382

SCHOOL OF SWIMMING

Termly. QE Girls School, Barnet. 5–6.30pm. 020 8449 3431.

SCOTTISH COUNTRY DANCING

Monthly, 3rd Saturday, October to July. Tilbury Hall. 7.30pm. £4.50 including refreshments. 020 8441 4835.

SCOUTS, CLUBS and BEAVERS

For info Peter 01707 850147.

SCRABBLE

Every Friday. 10–12noon. Elm Court. £2.30. Contact 020 8207 7568.

ST JOHN AMBULANCE – PB DIVISION

Weekly, Wednesday. 8–10pm. The Walk. First aid training, care and lots of fun. 01707 850672.

SEQUENCE DANCING

Weekly, Wednesday. 8–10pm. South Mimms Village Hall, Blanche Lane. Some instruction given. New members welcome. 01707 659621.

SHOSHIN KARATE JITSU CLUB

Weekly, Wednesdays. DHC Potters Bar Health Club, Mount Grace Road. 8–9.30pm. Realistic self-defence. Beginners and all grades welcome. 07734 294630.

SIXTY PLUS LUNCHEON CLUB*

Weekdays. 12–1.30pm. Friendly atmosphere. Plus am/pm social clubs. Minibus transport available. 01707 643602.

SIXTY PLUS SENIOR CITIZENS ART GROUP

Weekly, Thursday. 1.30–4pm. 60+ Centre, Wyllyotts. Well established group. Couple of Exhibitions each year. No instruction but plenty of encouragement and enthusiasm. Only £1.30 per session including tea. New members most welcome. Contact Pauline Goodwin on 01707 654007.

SLIMMERS WORLD

Monday, Tuesday and Thursday at various locations in Potters Bar. Contact Sue on 01707 884911 or 07956 338561 for more information on days and times.

SNOOKER

And other activities daily. Kidston, Northaw. 9am–11pm. Senior citizens half fee £14 per annum. 01707 654158.

SOUTH MIMMS ART GROUP

Weekly, Thursday. 60+ Centre, Wyllyotts. 2–4pm. 01707 650347.

SOUTHGATE COLLEGE*

For further information contact 020 8982 5050.

SPANISH CIRCLE*

Monthly, 2nd Friday. 7.30–10.30pm. Welwyn Garden City Golf Club, Mannicots, High Oaks Road, Welwyn Garden City. Learn culture and language of Spanish speaking countries. Everyone welcome. £5. 01707 661722.

STANDING LIKE A TREE

Chi Kung class. Potters Bar Health Club. Saturdays 11am. Tel 01707 272255.

SUGAR ART CLUB

Monthly demonstrations, 1st Monday, Furze Field Court, Mutton Lane. 7.30pm. 01707 850432.

SWIFTS JUNIOR BADMINTON

Weekly, Friday, Hatfield Leisure Centre. 5–10pm. Age 7–18 years. Beginners to nat. Squad level. 01707 652061.

TABLE TENNIS

Hertsmeire 50+. Weekly, Tuesday, 10–12noon. Thursday 2–4pm. Elm Court. 020 8207 7568. For Senior Citizens. Weekly, Friday, Hatfield Leisure Centre. 10–12noon.

TAE KWON-DO

Weekly, Furze Field Sports Centre. Tuesday 8–9pm. Sunday 7–8pm. 07982 61113.

TAI TSUNG KUNG FU

Self Defence. Weekly, Tuesday, Oakmere Primary School. 7.30–9pm. 07968 162304.

TALENT TIME STAGE COMPANY

Weekly, Monday, Little Heath Parish Hall. 5–10pm. Drama, dance, singing. Up to 25 years. 01707 660442/07930 400647.

TOP HAT STAGE SCHOOL

Weekly, Friday, Elm Court. Part-time theatre arts training. Age 4–7 years. Dance(tap), drama, singing. 4.30–7.30pm. 01727 812666.

TRADITIONAL CRAFTS

Weekly, Tuesday, Committee Room, Christ Church Parish Hall, Little Heath. 7.30–9.30pm. Including lampshades, chair caning, etc. £2 (£24 per term). 01707 656037.

TUESDAY FRIENDSHIP*

Alternate Tuesday evenings 8.00pm at United Reformed Church. 01707 642983 for men and women all ages. Talks by guest speakers.

TUMBLE TOTS

Weekly, Friday, Elm Court. Book a trial class. Tel Gill on 020 8449 4593 – gill.osmond@tumbletots.com.

UNIVERSITY OF THE THIRD AGE – U3A*

Various activities and interests for study and recreation after retirement plus monthly meetings. 3rd Monday, Wyllyotts Centre. 10am. £1. Ring 01707 652762.

UNITED REFORMED CHURCH

Darques Lane. Weekly, Thursday. Open house. 10.30am. Coffee and chat. 01707 665482. Play family board games and table tennis at Potters Bar United Reformed Church. Most Sundays, 3pm to 6pm. £1 entrance. Details from Tony: 01707 659080. All ages welcome. Amorphous Service – friendly worship with a difference every 3rd Sunday at 5pm. All ages welcome.

VOLUNTEER CENTRE

If you are interested in volunteering with various organisations, please contact Carol on 020 8207 4504.

WALKS – HERTSMERE HEALTH WALKS

Meet outside PB train station every Monday, Wednesday 10.30am. From 2nd April on Friday evenings. Contact 01727 848168. healthwalks.cms@hertsccs.gov.uk

WEDNESDAY BREAK CLUB

Fortnightly on Wednesdays. 2.30–4pm. King Charles the Martyr Church Hall. Social Club for age 55+. £1 per meeting. 01707 658540.

WHIST DRIVE

1st Friday, Monthly. Village Hall, Northaw. 7pm for 7.45pm. 01707 651682. Monthly, 2nd Thursday, South Mimms Village Hall. 7.30pm. 01727 869211.

WILD HILL DOG CLUB

Weekly, Thursday. 7.30pm. Puppy socialisation classes from 8 weeks old. Wildhill Village Hall. 01707 656837/651610.

WILD HILL WI

DOCTORS' SURGERY HOURS

1) ANNANDALE SURGERY

Tel: 01707 644451
 Surgery Hours: 8.30am–6pm Monday to Friday
 Test Results/Enquiries: 01707 622979 between 2pm and 5pm Monday to Friday
 Monthly newsletter available from surgery
Extended Hours: Saturday 8.30am–12noon for routine booked appointments, collecting prescriptions and enquiries.

2) HIGHVIEW MEDICAL CENTRE

Tel: 01707 871980
 Surgery Hours: 8am–6pm Monday to Friday
 Test Results/Enquiries: 01707 871982 between 2pm and 4pm Monday to Friday
 Monthly newsletter available from surgery
Extended Hours: For routine booked appointments. Monday and Tuesday 6.30pm–8pm and some Saturday appointments are available twice a month. The surgery is closed every Wednesday from 1pm–2.30pm for staff training.

3) PARKFIELD MEDICAL CENTRE

Tel: 0844 477 8640
 Surgery Hours: 8am–6pm Monday to Friday
 Test Results/Enquiries: As above
Extended Hours: Wednesday to Friday from 7am and Saturday 8am–11.15am for routine booked appointments.

4) POTTERELLS MEDICAL CENTRE

Tel: 01707 273338
 Surgery Hours: 8.30am–6.30pm Monday to Friday
 Test Results/Enquiries: As above after 11am.
Extended Hours: For routine, non-emergency appointments. Every Monday and fourth Tuesday 6.30pm–9pm and first and third Saturday 8.30am–11am. Nurse-led Fast Track Service: Monday/Tuesday/Wednesday 9.30am–12noon.

OUT OF HOURS SERVICE FOR ALL THE ABOVE SURGERIES

There is an 'Out of Hours' doctor available for all urgent problems. Tel: 'Herts Urgent Care' on 03000 333 333 where a doctor will phone/visit to discuss your medical needs. NHS Direct Tel: 0845 4647 www.nhsdirect.nhs.uk

Local Libraries

Oakmere

High Street, Potters Bar

Monday	10am–8pm
Tuesday to Friday	9am–8pm
Saturday	9am–4pm
Sunday	Closed

For further information, visit your local library or call 01438 737333 and ask for the appropriate library.

Brookmans Park

Bradmore Green

Monday to Friday	2pm–6pm
Saturday	9am–1pm
Sunday	Closed

the charity for your community



Wyllyotts Centre,
 Darkes Lane, EN6 2HN

Mondays Personal Callers	10am–12.30pm and 1pm–3.30pm
Wednesday Mornings	
Pre-booked Appointments	10am–1pm
Thursdays Personal Callers	10am–12.30pm and 1pm–3.30pm

Useful Numbers

Hertsmere Borough Council	020 8207 2277
Hertfordshire Police Non-emergency	0845 330 0222
Herts Domestic Violence Helpline	08088 088088
Hertfordshire County Council	01923 471555
National Debt Line	08088 084000
Consumer Direct (<i>Herts</i>)	0845 404 0506
Highways (including potholes, traffic light faults and streetlights)	01923 471320
Wasteaware	0845 742 5000
Veolia water leaks	0800 376 5325
Childline	0800 1111
Crime Stoppers Anonymous Line	0800 555 111
CAB Advice Line	0844 826 9703
Environmental Health – pest control	020 8207 7435
– out of hours emergency (<i>noise nuisance, etc</i>)	0845 300 0021
NHS Direct (<i>Nurse advice and health information</i>)	0845 4647
RSPCA Local Branch (<i>financial help if you claim benefits, on low income, OAP's</i>)	07872 902710
www.rspca-pottersbarhatfieldandbarnet.org.uk	

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