

SPECIAL BENGALI FISH DISHES

FISH CHILLI MASSALA (Hot)	£7.50
FISH BHOONA (Medium)	£7.50
FISH DUPIAZA	£7.50

BALTI DISHES

Served with choice of rice or nan bread

BALTI MEAT OR CHICKEN	£8.50
------------------------------	-------

Medium hot cooked with variety of spices such as Coriander, Cardimum, Ginger, Garam Massala, Fennel and Cummin; Served in Metal Bucket

BALTI KING PRAWN	£14.50
-------------------------	--------

Cooked as above

BALTI TIKKA MASSALA	£8.50
----------------------------	-------

If any other special dishes are required, please ask.

SIDE DISHES

£2.75 EACH

- URI BHAJEE (Fresh Beans)
- SAG BHAJEE (Spinach)
- MUSHROOM BHAJEE
- FRESH CAULIFLOWER BHAJEE
- FRESH BRINJAL BHAJEE (Aubergine)
- FRESH BHINDI BHAJEE (Okra)
- COURGETTE BHAJEE
- BROCCOLI BHAJEE
- PAPAYA BHAJEE
- MUTOR OR SAG PANNER

- CHANNA MASSALA (Chick Peas)
- MIXED VEGETABLE CURRY (With Gravy)
- ALOO GOBI (Potato & Cauliflower)
- TARKA DAL (With fried Garlic)
- DAL MASSALA (Lentil)
- MIXED DRY VEGETABLE
- KODU BHAJEE (Fresh Pumpkin)
- BOMBAY ALOO (Hot)
- SAG ALOO (Spinach & Potato)

CHOICE OF PICKLE (Mango, Lime or Chilli)	EACH	£0.75
MANGO CHUTNEY OR ONION SALAD	EACH	£0.75

SUNDRIES

PAPADOMS

PAPADOM	£0.50
MOSALA PAPADOM	£0.50

RICE

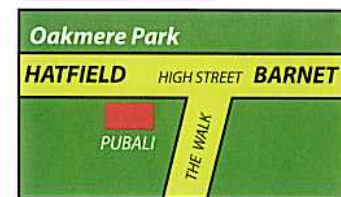
VEGETABLE, MUSHROOM OR EGG FRIED RICE	£2.50
BOILED RICE (Steamed rice)	£1.75
PULAO RICE (Bashmati rice with saffron)	£1.95
MIXED BASHMATI RICE (Fried with mashrooms, peas, onions and butter)	£2.50
CHANA RICE (Rice cooked with chick peas spinach and lemon sauce)	£2.50

BREADS

NAN UNLEVENED TANDOORI BREAD	£1.75
GARLIC NAN STUFFED WITH GARLIC	£1.95
KEEMA NAN STUFFED WITH MINC MEAT	£1.95
PESHWARI NAN SWEETENED & WITH ALMONDS	£1.95
TANDOORI ROTI DRY THICK BREAD	£1.70
NAN STUFFED WITH CHEESE	£1.95
PARATHA	£1.75
STUFFED PARATHA STUFFED WITH VEGETABLE	£1.95
EGG PARATHA	£1.95
CHAPATI	£0.95
PUREE	£0.60
CHICKEN TIKKA NAN	£2.50

YOGHURT

CUCUMBER RAITHA	£1.25
ONION RAITHA	£1.25



OPEN 7 DAYS A WEEK
 12:00 noon-2:30 pm & 6:00 pm-11:00 pm
 90 High Street Potters Bar
 Hertfordshire EN6 5AT
 Tel: 0170 765 5272, 0170 765 4353



23/1/09

Since 1981 **PUBALI TANDOORI**

TAKE AWAY MENU

Local Free Home Delivery

www.pubalitandoori.com

Design Media Mohol 020 7650 0000

STARTERS

CHICKEN PAKORAS	£2.75	TANDOORI TROUT	£4.50
CHICKEN TIKKA	£2.75	SHAMI KEBAB	£2.50
MEAT TIKKA	£2.75	SEEKH KEBAB	£2.50
TANDOORI CHICKEN	£2.50	MIXED KEBAB	£3.50
TANDOORI KING PRAWN	£5.00	KING PRAWN BUTTERFLY	£4.00
MEAT SAMOSA	£2.10	PRAWN PUREE	£3.00
VEGETABLE SAMOSA	£1.80	PRAWN COCKTAIL	£2.10
CHICKEN CHAT	£2.50	KING PRAWN PUREE	£5.00
ALOO CHAT	£2.20	DAL SOUP	£1.50
ONION BHAIJEE	£1.50	MULLIGATAWNY SOUP	£1.50
CHICKEN SHISH KEBAB	£3.50	RASHMI KEBAB	£3.50

TANDOORI SPECIAL DISHES

(Cooked in a Clay Oven, the Grill of the Eastern Palaces)

TANDOORI CHICKEN FULL	£9.40	SHASHLIK CHICKEN	£7.75
<i>Spring chicken marinated in herbs and selected Indian spices and roasted in a clay oven. Served with salad</i>		<i>Pieces of spring chicken cooked in the clay oven with roasted tomato, capsicum & onion. Served with salad.</i>	
TANDOORI CHICKEN HALF	£4.75	SHASHLIK MEAT	£7.95
<i>Pieces of spring chicken (off the bone) lightly spiced and cooked in the Tandoori clay oven. Served with salad.</i>		<i>Lamb cooked & served as above</i>	
CHICKEN TIKKA	£6.10	MASSALA	
<i>Pieces of spring chicken (off the bone) lightly spiced and cooked in the Tandoori clay oven. Served with salad.</i>		<i>(Specially cooked in Tandoori sauce)</i>	
MEAT TIKKA	£6.50	CHICKEN TIKKA	£6.55
<i>Pieces of lamb marinated with yoghurt and spice and grilled in the Tandoori clay oven. Served with salad.</i>		MEAT TIKKA	£6.75
TANDOORI KING PRAWN	£10.50	TANDOORI KING PRAWN	£10.50
TANDOORI MIXED GRILL	£9.50	VEGETABLE MASALA	£4.95
<i>Tandoori chicken, Chicken Tikka, Seekh Kebab and Meat Tikka. Served with salad.</i>		TANDOORI BIRYANI	
		<i>(Cooked with rice and served with a vegetable curry)</i>	
		CHICKEN TIKKA	£7.45
		MEAT TIKKA	£7.55
		TANDOORI KING PRAWN	£11.50

PLAIN BIRYANI

(Cooked with rice served with vegetable curry)

*Mushrooms Sop Extra

CHICKEN MEAT	£7.10
PRAWN	£7.55
KING PRAWN	£7.65
VEGETABLE	£9.50
MUSHROOM	£5.45
MILD CURRY DISHES	
<i>(Cooked with coconut and cream)</i>	
CHICKEN KORMA	£5.10
MEAT KORMA	£5.10
PRAWN KORMA	£5.40
VEGETABLE KORMA	£4.10
KING PRAWN KORMA	£7.65
KASHMIR CHICKEN (With Fruit & lychee)	£5.50
KASHMIR MEAT (With Fruits & lychee)	£5.50
MEAT MALAYA (With Pineapple)	£5.50

MEDIUM DISHES

CHICKEN CURRY	£5.10
LAMB CURRY	£5.10
PRAWN CURRY	£5.30
KING PRAWN CURRY	£7.35

MADRAS DISHES (Fairly Hot)

CHICKEN MADRAS	£5.25
LAMB MADRAS	£5.25
PRAWN MADRAS	£5.75
KING PRAWN MADRAS	£7.50

VINDALOO DISHES (Very Hot)

CHICKEN VINDALOO	£5.50
MEAT VINDALOO	£5.50
PRAWN VINDALOO	£5.95
KING PRAWN VINDALOO	£7.45

DUPIAZA DISHES (Medium)

(Cooked with chopped onion and thick gravy)

CHICKEN DUPIAZA	£5.75
MEAT DUPIAZA	£5.75
PRAWNDUPIAZA	£6.10

KING PRAWN DUPIAZA	£7.45
VEGETABLEDUPIAZA	£4.75

BHOONA DISHES (Medium)

(Cooked with fresh spices and thick gravy)

CHICKEN BHOONA	£5.50
MEAT BHOONA	£5.65
PRAWN BHOONA	£6.75
KING PRAWN BHOONA	£8.80
VEGETABLE BHOONA	£4.75

DHANSAK DISHES (Hot, Sweet & Sour)

(Cooked with lentils and served with rice)

CHICKEN PATIA	£7.95
CHICKEN DHANSAK	£7.45
MEAT DHANSAK	£6.85
PRAWN DHANSAK	£6.95
KING PRAWN DHANSAK	£9.50
PRAWN PATIA (Hot)	£6.95
KING PRAWN PATIA (Hot)	£9.50
VEGETABLE DHANSAK	£5.95

MEDIUM DISHES

(Cooked with vegetables and fruits)

CHICKEN ROGAN	£5.75
CHICKEN SAG (Chicken & spinach)	£5.75
SAG GOSTH (Meat and spinach)	£5.75
ROGAN GOSTH (Meat and tomatoes)	£5.75
SAG PRAWN (Prawn and spinach)	£6.35
CHICKEN MUSHROOM	£5.75
MEAT MUSHROOM	£5.75
PRAWN MUSHROOM	£6.55
CEYLON CHICKEN (With coconut hot)	£5.10
CEYLON MEAT (with coconut - hot)	£5.25
BOMBAY CHICKEN (Hot)	£5.75
<i>(With an egg, tomatoes and potatoes)</i>	
BOMBAY MEAT (As above)	£5.75
DAL GOSTH (With lentils)	£5.75
METHI GOSTH (With methi spices)	£5.75
KEEMA PEAS (Minced meat & peas)	£5.75

HOUSE SPECIALITIES

(Recommended)

VEGETABLE THALI	£9.55
<i>Served with vegetable furry, cauliflower bhajee, bhindi bhajee, tarka dal, pulao rice and a nan</i>	
NON-VEGETABLE THALI	£10.95
<i>Served with tandoori chicken, bhoona meat, brinjal bhajee, chicken tikka, pulao rice and nan</i>	
KORI MEAT OR CHICKEN	£6.10
<i>Medium dry</i>	
BUTTERED CHICKEN	£6.55
MEAT OR CHICKEN PASANDA	£6.35
<i>Mild, with fresh spices and cooked in wine, rice not included</i>	
CHICKEN SHASHLIK MASSALA	£7.50
CHICKEN JEERA	£6.50
<i>Chicken marinated in black pepper and mustard seed</i>	
CHICKEN OR LAMB JHALFRYZI	£6.50
<i>Dry and hot: Chicken with green chillies</i>	
KING PRAWN JHALFRYZI	£9.50
CHICKEN TIKKA BHOONA	£6.55
GARLIC CHICKEN OR LAMB	£6.50
<i>Cooked in garlic and fresh green chili, fairly hot</i>	
GARLIC KING PRAWN	£9.50
<i>Cooked as above</i>	
CHICKEN OR LAMB CHANA	£6.50
<i>Cooked with fresh ginger, spring onion and chick peas</i>	
SAAT KORI - MEAT OR CHICKEN	£6.10
<i>Medium hot with fresh Lime pieces</i>	
TOKGOHST	£6.50
<i>Lamb cooked in a tamarind and rosemary sauce</i>	
KING PRAWN BUTTERFLY MASSAL	£10.50